

HELLO HEALTH

at Work

A SEMINAR SERIES FOR THE WORKING COMMUNITY

Surviving in the “New Normal”



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Ochsner Health

Dr. Robert John Sawyer is Co-Director of the Brain Health & Cognitive Disorders Program at Ochsner where he works as a lifespan neuropsychologist.

Thursday, September 24th

12:00pm – 1:00pm

Zoom Webinar

[Click Here to Register for the Webinar](#)

Join Dr. Sawyer to Learn about.....

- How we balance our work and life with these increased physical, mental and emotional demands
- Working from home
- Taking care of kids and parents under safer at home guidelines