SAY ‘I DO’ BESIDE THE STEADFAST, ANCIENT OAKS OF THE COUNTRY’S MOST MAGICAL CITY.

- MULTIPLE VENUES
- ON SITE CATERING
- TALENTED AND EXPERIENCED STAFF
- THE LARGEST STAND OF MATURE LIVE OAKS IN THE WORLD

MAKE YOUR DREAMS COME TRUE IN NEW ORLEANS CITY PARK.

NEWORLEANSCITYPARK.COM
ARTISTRY & EXPERTISE

HEDGEGWOOD
PLASTIC SURGERY

Thomas H. M. Moutthrop, M.D. F.A.C.S. | Christian D. Jacob, M.D.

2427 Saint Charles Avenue · 504-895-7642
www.hedgewoodplasticsurgery.com

Upon entering the elegant office of Hedgewood Plastic Surgery, patients can feel confident they’ve arrived at the premier practice in New Orleans for both surgical and non-surgical facial rejuvenation. The practice of Drs. Thomas Moutthrop and Christian Jacob, Hedgewood Plastic Surgery, improves the lives of patients by aesthetically enhancing their appearance with lasting, natural-looking results.

Double board certified and fellowship trained in Facial Plastic Surgery and Reconstructive Surgery, Drs. Moutthrop and Jacob employ a meticulous, artistic approach bolstered by their many years of experience. Integrity-driven in their practice, Drs. Moutthrop and Jacob do not promote or advertise any technology that isn’t effective, despite how popular or profitable it might be.

Surgical offerings include brow lifts, blepharoplasties, face and neck lifts, rhinoplasties, and chin implants. Non-surgical options include injectable fillers and neuromodulators, fractional skin resurfacing, and skin care.

Please contact the practice if you would like a free consultation.
# Contents

In this issue:

- **16** JLNO Loves: Life Hacks
- **22** All Aboard: JLNO on Track to Train Tomorrow’s Leaders
- **28** JLNO’s Membership Curriculum
- **30** Anne Dalton: Training Leaders of Tomorrow

---

4  Letter from the President
6  Letter from the Editor
8  JLNO Bulletin Board
12  Savoir Faire: Cooking Up a Classic JLNO Recipe
14  Wellbeing: Striking the Work/Life Balance
18  Preserving a Legacy of Leadership  
   *Preservation Resource Center*
26  Revving Up for Touch a Truck
32  Financial Literacy Series
34  Donor Profile: Shon Cowan Baker
35  Donor Thanks
36  League Faces
40  Héritage

---

### On the Cover

President-Elect  
Christine Vinson,  
Current President  
Alice Franz Glenn,  
Immediate Past-President Kristen Koppel

*Photo by: Norris Gagnet  
Photography*
Fall 2018

LAGNIAPPE STAFF
Editor: Lacy McManus
Assistant Editor: Kristin W. Durand
Photography Editor: Taylor Pospisil
Assistant Photography Editor: Michelle Sens
Writers: Shon Baker, Meghan Brown, Sonia Godfrey, Jen Hale, Jill Holland, Christen Mayer, Taylor Sergeant

JLNO BOARD OF DIRECTORS
President: Alice Franz Glenn
President-Elect: Christine Vinson
Secretary: Katherine Lagarde Bernard
Treasurer: Emily Eskew Schaumburg
Assistant Treasurer: Jennifer “Jen” Bernard Allen
Business Council Director: Ashley Brennan
Communications Council Director: Michelle Clarke Payne
Community Council Director: Elizabeth Ogden Janke
Membership Council Director: Melissa Eversmeyer
Planning and Development Council Director: Shon Cowan Baker
Ways and Means Council Director: Kathryn Perez Bethune
Nominating Committee Chair: Elizabeth “Liz” Billings Schafer
Sustaining Advisor to the Board: Melanee Gaudin Usdin

PUBLISHER STAFF
Project Manager: Jessica DeBold
Art Director: Molly Tullier
Vice President of Sales: Colleen Monaghan
Sales Manager: Brooke LeBlanc
Account Executive: Alyssa Copeland
Traffic Manager: Topher Balfer
Production Designers: Emily Andras, Rosa Balaguer, Meghan Rooney
Chief Executive Officer: Todd Matherne
Executive Vice President/Editor in Chief: Errol Laborde
President: Alan Campell

Published by Renaissance Publishing LLC
110 Veterans Memorial Blvd., Suite 123, Metairie, LA 70005
(504) 828-1380 • www.myneworleans.com

Copyright 2018 Junior League of New Orleans and Renaissance Publishing LLC. Postage Paid at New Orleans and additional entry offices. POSTMASTER: Send address changes to Junior League of New Orleans 4319 Carondelet Street, New Orleans, LA 70115. No part of this publication may be reproduced without the consent of the publisher. The opinions expressed in this publication are those of the authors and do not necessarily reflect the view of the magazine’s managers, owners or publisher. Lagniappe Magazine is not responsible for unsolicited manuscripts, photos and artwork even if accompanied by a self-addressed stamped envelope.
The Junior League of New Orleans is pleased to present this Lagniappe issue focused on Leadership. There are two important and closely related events on the horizon as I compose this letter, both of which are of particular interest to JLNO members and all women leaders: Diaper Need Awareness Week and the mid-term elections.

First, Diaper Need Awareness Week is September 24 – 30, 2018. Now in the fifth year of our Diaper Bank program, JLNO is well acquainted with this issue. However, it is still a hidden consequence of poverty to most people, especially those not living through it. According to the National Diaper Bank Network, of which JLNO is a member, diaper need is defined as the lack of a sufficient supply of diapers to keep a baby clean, dry, and healthy. Harm done to the physical health of a child who does not have enough clean diapers is clear. What may be less obvious are the psychological, developmental, social and economic impacts of diaper need on the child and family.

Having a baby is scary, stressful and expensive for all of us, no matter our income level or support system. There are nearly 200,000 children under age three in Louisiana. Roughly half our state’s residents live near or below the federal poverty line, and one in three parents report struggling to provide enough clean diapers for their children.

What Is the Diaper Crisis? Diapers are not covered under government social safety net programs like the Supplemental Nutrition Assistance Program (SNAP) or Women, Infants, and Children (WIC). Only the much smaller Temporary Assistance for Needy Families program (TANF) includes diapers as an allowable expense, but there are significant challenges to accessing these dollars. Most notably, in Louisiana the parental work requirement does not exempt mothers who have just given birth. Also, diapers are not exempt from city or state sales tax like other necessities such as food and medicine.

Diapers can cost as much as $0.40 each, and as many as ten diapers could be used in a day. That’s the same number usually required to be sent with a child to most early childhood education programs or daycares. Add transportation challenges into the mix, and you see why many low-income families might not be able to utilize otherwise free high-quality early childhood education programs. As a result, children are less prepared for school and not receiving all the tools they need in the critical first three years of development. Parents are more stressed and less likely to be able to take advantage of educational or career opportunities if they don’t have a safe, reliable place to send their child while they work. When JLNO was made aware that many Orleans Parish early childhood education spaces went unfilled last year, we piloted a program to supply diapers to ten of those centers so more families can utilize this important public service.

Parents and children living healthy, independent lives are good for the individuals and good for the community. It is in our best social and economic interests to support our most vulnerable citizens by ensuring they have access to the most basic necessities, including clean diapers. When JLNO established our diaper bank five years ago, we had a goal of distributing 90,000 diapers. This year that number could approach a million. In the month of August alone we distributed 95,000 diapers to community partners. We are proud to have scaled this program in such a short time, but this still comes nowhere close to meeting the need in our community.

Elections Matter in Solving the Diaper Crisis. As with most major problems, we agree the problem exists. Where we typically disagree is in the solution. Problems like diaper need can only be solved when non-profits like JLNO work in partnership with business and government to find solutions, which leads me back to that second event — the mid-term elections.

Much has been said about the importance of women in leadership. As the president of a 95-year-old women’s training organization of 2,100 members — current and future community leaders — this certainly resonates with me. Frankly, I doubt that the problem of diaper need would be quite so dire today were there more women at the table when some of the aforementioned policy decisions were made. But I want to be clear that this is not a zero-sum game.

I am not suggesting that anyone vote for a candidate based simply on gender. Issues like diaper need do not affect only women and children, but the entire community. Likewise, problems are not solved by women alone, but they’re sure to persist if women aren’t part of the solution. As leaders, it is imperative that we educate ourselves on the critical issues impacting us and our community, then empower those most capable of solving them.

Alice Franz Glenn
President
MY TOURO DOC
keeps my heart beating strong.

At Touro, our docs go above and beyond to meet patients’ needs, because we know we’re not just treating an illness, we’re treating a person.

Whether it’s a broken bone, a bad cold, or something more serious, there’s a Touro doc nearby who is ready to listen, comfort and care for you.

To find your own Touro Doc visit touro.com/findadoc or call 504-897-7777 and start building a lasting relationship with a doctor you can trust.

Touro cardiologist Than Nguyen, M.D. is pictured above with patient Tim Darby. Read Tim’s story online at touro.com/beatshome.

Ocean Springs Mississippi

More than 200 shopping, dining & nightlife choices

Art galleries, museums, outdoor recreation & year-round festivals.

November 3rd & 4th
oceanspringschamber.com
(228) 875-4424

A Natural, Drug-Free Alternative Approach for Management for Neurological Issues.

BRAINCORE NEUROFEEDBACK

For more information or a free consultation please call our office.

985-626-4422

Dr. Nancy D. Gravel
2201 11th St. I Mandeville, LA
www.braincoretherapyoflouisiana.com

- ADHD
- Panic Attacks
- Autism
- Depression
- PTSD
- Insomnia
- Memory Loss
- Chemo Brain
- Asperger’s
- Brain Injury
- Learning Disorders
- Fibromyalgia
- Anxiety
- Post Stroke
- Migraines
As I reflect on the theme of leadership in this issue of *Lagniappe*, I am struck as much by what is communicated through the voices of our JLNO peers, community partners and Board Members as what is not said. In this issue of *Lagniappe* readers will find calls to action, ways to get more involved in our community, strategies for balancing hectic lives and (hopefully) motivation to step into greater leadership roles within JLNO and New Orleans civic life.

However, what we don’t dwell on in this issue is the downside of leadership, the reason why many well-intentioned, thoughtful women don’t lean in or step up: being a leader is really hard. Many times leadership requires us to spend time away from activities we enjoy and routines we’ve established to instead look into the darker corners of our communities, uncover difficult truths about our lifestyles and take uncomfortable steps outside of our comfort zones. These processes are also often thankless and exhausting.

Yet here lies the beauty of the Junior League model: as a JLNO member, you don’t have to take these steps alone. Junior League doesn’t simply build the leadership capacity of individuals—we build a community of empowered women, working to advance our wellbeing together. This doesn’t mean the problems we face become smaller, but it does provide a network approach to solving them.

As Anne Dalton, AJLI Chief Officer for Strategic Initiatives, described to me earlier this summer in my interview with her, the original Junior League members were women from comfortable backgrounds who willingly undertook training to help immigrant families in over-crowded, inner city tenements at the turn of the 20th century. I cannot fathom the conditions our predecessors faced when tackling these deeply rooted community problems, but they undertook them together and built a legacy of leadership in doing so.

As several articles within this issue will illustrate, JLNO’s membership today is better educated, employed and involved than perhaps anytime since our founding in 1924. We are used to being busy, effective women. As I reflect on the achievements of our founders in light of our capacity today, I hope we all respond to the needs around us and lead one another and ourselves to greater community impact. We deserve it.

Lacy McManus
Editor 2018–19
Poydras Home, a retirement community in the heart of New Orleans. Living each day just the way you want to means something different for everyone. Stories, traditions, families and events are celebrated, and uplift the spirit. Joie de vivre thrives here. Vibrant and social, day-to-day retirement living at Poydras Home means enjoying the lifestyle you love with engaging activities and cultural opportunities. And most importantly, it means living each day to the fullest.

5354 Magazine Street, New Orleans, LA 70115
phone: 504-897-0535  www.poydrashome.com

Where do people get the most out of each day?

ECOLE BILINGUE DE LA NOUVELLE-ORLEANS
Small by Design - Excellent as a Result
SCHOLARSHIPS AVAILABLE

OPEN HOUSE
THURSDAY - OCTOBER 25, 2018
4:30pm - 6:30pm

ECOLE BILINGUE DE LA NOUVELLE-ORLEANS
821 GENERAL PERSHING STREET
504.896.4500 • WWW.EBNOLA.NET

Ecole Bilingue admits qualified students regardless of race, religion, national or ethnic origin.

PERLIS
1939

NEW ORLEANS
6070 Magazine Street
504-895-0661

MANDEVILLE
1281 N. Causeway Blvd.
985-674-1711

BATON ROUGE
8366 Jefferson Hwy.
225-326-5903
Bulletin Board
Compiled by Taylor Sergeant

ATTEND JLNO’S GET ON BOARD – FEBRUARY 9, 2019
Designed for those already serving nonprofit organizations as staff or board member or those who want to become board members, Get on Board is a full-day workshop with engaging presentations from nonprofit experts and interactive role-playing. Participants learn a board member’s responsibilities and how these responsibilities relate to others within the organization. Visit www.jlno.org/getonboard for more details.

DEADLINE TO APPLY FOR A CAF GRANT – DECEMBER 28, 2018
The Community Assistance Fund provides grant money to nonprofit agencies that can effectively demonstrate their desire to advance the wellbeing of women. Local nonprofit organizations wishing to receive CAF grants can submit applications at www.jlno.org/caf

WE ARE REVVING OUR ENGINES FOR TOUCH A TRUCK
November 17 | 10 am to 4 pm | Pontchartrain Center
The 7th annual Touch a Truck will provide families the opportunity to interact with the wide variety of businesses and vehicles that protect, serve, and build South Louisiana. Touch a Truck helps children connect these vehicles to possible careers in construction, manufacturing, emergency response and many others. Tickets available at www.jlno.org/touchatruck

NEED A MEETING SPACE? RENT HQ!
JLNO’s Headquarters on Carondelet are available for meeting rental to peer organizations. Please contact rental@jlno.org for more information.

Your Group Can Help Families from the Bottom Up!
Here’s how easy it is to coordinate a diaper drive.

You setup a Collection Bin.
People donate diapers.
We pick up & sort diapers.
We provide diapers to our partners.
Babies have clean, dry diapers.

WWW.JLNO-DIAPER-BANK.ORG
The Health Experts for Kids!

CHILDREN’S HOSPITAL

CHNOLA.ORG

New Member Deals!
10% Off 1st 3 Months
“When you mention this ad”

Fall for us.

Club Pilates Old Metairie
2513 Metairie Rd. Metairie, LA 70001
504.484.9650
www.ClubPilates.com/OldMetairie

discover your Sacred Heart

GROUP TOURS
Rosary Campus Open House
Grades 5-12:
Wed., Oct. 17, 5-7 pm

Mater Campus Tuesday Tours
Ages 1-Grade 4:
Oct. 16, 23, 30, Nov. 6 & Jan. 8
8:30-10 am

Please RSVP:
504.269.1213

ashrosary.org

Sacred Heart is open to qualified students regardless
of race, color, religion, nationality or ethnic origin.
ADMISSION OPEN HOUSES

Oct. 4  Middle & Upper School  6 – 7:30pm
Oct. 11 & 18  Pre-K – 12th  8:30 – 10am
Nov. 1  Little Gate  8:30 – 10am
Nov. 15  Pre-K – 12th  8:30 – 10am
Jan. 10 & 17  Pre-K – 12th  8:30 – 10am
Jan. 17  Middle & Upper School  6 – 7:30pm

McGehee
LEADING WOMEN

(504) 561-1224  2343 Prytania Street  McGeheeSchool.com
Louise S. McGehee School is open to all qualified girls regardless of race, religion, national or ethnic origin.

“Delightful”
“Carefree”
“It’s a joy to live here!”

Is this how you describe YOUR retirement lifestyle?

This is how residents at Lambeth House describe theirs. It’s “a wonderful, comfortable place to live with activities, exercise opportunities and delicious food – like being on a cruise!” And since we offer a full continuum of care, there’s more peace of mind about what the future might bring. Many of our residents say, “I wish I had come here sooner!” We think you’ll love it here, too.

Call (504) 865-1960 today to schedule your visit.

“A great place to live a full life”

150 Broadway (at the River) • LambethHouse.com
The enticing aroma of crawfish étouffée simmering in the confines of a protective cast-iron pot has come curling out of JLNO Sustainer Laura Claverie’s Garden District kitchen dozens if not hundreds of times, filling her home and her guests’ senses with the allure of anticipation and satisfaction. Perhaps like no other community, New Orleans’ love affair with cooking is often synonymous with honoring the lifelong friendships of the folks who matter most. Here in the Crescent City, we serve up our culinary best for the loved ones we hold dearest. Laura is a living testimony of that mantra, and her go-to dish is a crawfish étouffée recipe from JLNO’s 1984 Jambalaya cookbook.

“This recipe combines everything I love about cooking,” Laura says. “Chopping, cooking in a cast iron pot, indigenous Louisiana ingredients. I can make it ahead of time so, when my guests arrive, I can simply enjoy my company. I could eat this recipe every day — I love it so much!”

Laura’s copy of Jambalaya offers physical proof of her loyalty. The book is held together with masking tape, filled with notes and dotted with splotches of bubbling étouffée sauce. After providing years of reference, the cookbook automatically opens to page 87, where one will find this beloved recipe. It’s obvious the crawfish étouffée is a favorite for Laura.

Certainly this accomplished woman needs a few secret recipes up her sleeve given her busy life. Laura is now the Executive Editor of the new Nola Boomer magazine, a hip, fun publication for those 55 and older. Laura is also an accomplished amateur chef — amateur only because she’s never been paid for her savory handy work though she’s taken cooking classes across the world. Originally hailing from Alexandria, La., Laura discovered her passion for creating in the kitchen when she moved to New Orleans in the early 70’s. Like many Louisianans, Laura attributes her affinity for Cajun dishes to the late, great legend Chef Paul Prudhomme who turned these once humble savory dishes into coveted, respected delicacies.

“After Hurricane Katrina, 43 of my high school classmates came down from Alexandria to volunteer with Habitat for Humanity,” Laura says. “I wanted to at least cook a good meal to thank them all for their trouble and hard work. I made this crawfish étouffée recipe, and it was a huge crowd pleaser!”

After testing different variations of this recipe religiously, Laura has a few upgrades that she suggests.
Naturally, like any kitchen wizard who delights in experimentation, Laura has put her own twist on this recipe, and now she’s sharing her secrets with us. Here is the original recipe, in case you don’t have a copy of the 1984 edition of Jambalaya handy:

**Crawfish Étouffée**

2 pounds crawfish tails  
¼ cup brandy  
2 teaspoons salt  
¾ cups chopped green onions  
1 teaspoon pepper  
2 tablespoons chopped fresh parsley  
¼ teaspoon paprika  
2 teaspoons grated lemon rind  
1 stick butter  
2 teaspoons lemon juice  
1 ½ cups chopped yellow onions  
Tabasco to taste  
1 clove garlic minced  
3 cups steamed rice  
1 ½ teaspoons flour  
1 ¾ cup water

Season crawfish tails with salt, pepper and paprika. In a large skillet, heat butter; add crawfish tails and sauté 3 minutes. Add yellow onions and garlic; cook 10 minutes, stirring frequently. Sprinkle with flour and blend. Add water, brandy, green onions, parsley, lemon rind, lemon juice and Tabasco. Simmer 10 minutes. Serve over rice.

“I like to make this recipe a little richer,” Laura says. “It calls for 1 ¾ cups water, but I suggest instead using a home-made shrimp stock. I make this anytime we boil shrimp, and I save the stock for future use. Just cook the shrimp down with the heads on, adding onions, carrots and celery until the mixture is reduced 30%. Then keep it in the freezer until you’re making étouffée.”

Laura also suggests browning the flour to create a darker roux to add complexity to the flavor of this dish. Laura then throws in some lagniappe with ¼ cup chopped celery, a dash of creole seasoning and 1-2 bay leaves. Of course it probably doesn’t need to be stated, but Louisiana crawfish are a must, never imported crawfish. In her ideal world, Laura suggests making this dish at least a day before serving to allow the flavors to meld.

One more secret ingredient, or step, elevates Laura’s crawfish étouffée above most others. It’s a staple borrowed from history, in a time when modern day cookware wasn’t available via the internet for next day delivery.

Laura is a consummate proponent, collector and restorer of cast iron pots, a tradition handed down from her parents. She loves the feel of a cast iron pot and the unique flavor it adds to a dish. Her final words of wisdom: prepare every dish possible — especially crawfish étouffée — in cast iron cookware. No, you can’t clean it in a dishwasher or oven-dry it, but take Laura’s word for it, your trouble will be richly rewarded.
Wellbeing
Finding Equilibrium in the Work/Life Balance

By Tara C. Quin Hagmann and Kristin W. Durand | Photos from Getty Images

Iff life were a game of ping-pong, the women of today would be the game masters. Many women bounce from point A to point Z and back again, all in the blink of an eye, while somehow landing back at home-base with just enough time to have supper on the table. How do women wear so many hats and manage to keep themselves together in the mad modern world we find ourselves in today? A few busy New Orleanians weighed-in on how they succeed in tilting the scales back towards baseline.

Dr. Angela Parise, staff OB/GYN at Ochsner Medical Center, has several key insights. After completing her residency at the State University of New York and landing in New Orleans in 2001, Angela felt both feet fixed firmly to the ground and was full-steam ahead in all aspects of her personal and professional life. Today, Angela splits time between her busy medical practice and her home life with husband, Steven Arthur, and their children: Taylor (10), Emma (12), Sophie (11) and Rocco (3).

On any given day, when not seeing patients around town or operating at the hospital, she can be found taking her kids to soccer practices, cheer activities, play rehearsals and early education programs. “My husband is our rock and foundation, because he keeps our family unified despite both of the crazy work schedules we tend to keep,” says Dr. Parise. “He is very flexible, which is helpful when he needs to catch some fly balls to help keep the juggling act going.”

Angela also lives for the simpler moments with her family, including walks around the block, movie nights with everyone in their pajamas and yearly trips to Disney World and Universal Studios.

Jill Holland, local New Orleanian, stay-at-home-mom, and Junior League member, also described the various hats she wears and just how she achieves day-to-day stability. “I am wife, mom, laundress, chauffeur, secretary, CEO, writer, sounding board, professional organizer, referee and volunteer. The ‘hat’ list is endless,” she says.
One key to tackling all of these responsibilities without burning the candle at both ends is compartmentalizing. Jill continues, “Making a list of what needs to get done in a week helps me decide what the hat wardrobe will look like for that week. I’m going to be a wife, mom, chauffeur and laundry lady EVERY day, but I might decide Tuesday and Thursday are days for organizing rooms, clothing and toys. Wednesdays are early pickup from school, so that’s a better day for being secretary or CEO for our household, and for double checking what appointments, bills, or house issues need attention.” Angela agreed, adding, “Set limits, and try to be coordinated and organized when possible — those are key.”

Trying to be an overachiever can backfire, despite the best intentions. Dr. Kendall Genre, a private practice psychiatrist in New Orleans, shared her experience on how some women cope with the societal pressures of being a woman warrior. “Women still seem to have higher expectations for their lives outside of work and therefore feel more pressure that leads us into the state of being overwhelmed.” This guilt over saying no or setting boundaries, regardless of their practicality, can often lead us to biting off more than we can chew.

Dr. Genre offers this advice. “There’s no one perfect balance, but it helps to acknowledge that there is fluidity. The scales are always adjusting, and we can be less anxious if we allow for change day to day in carrying out our many roles.”

Junior League member, Anna Dearmon Kornick, suggests creating a series of routines so life’s small stresses don’t become big messes. “I work from home, so sometimes the separation can be tough when there’s no real commute to create the transition from end of work to beginning of home time. Doing my best to stick to routines has made a huge difference.”

And when it comes to the all-important routine of self-care, Anna believes you should be your own boss. “Whether it’s blocking out some recurring time in your calendar for reading or yoga, or allowing yourself a frappuccino every Tuesday afternoon, treat it like an appointment with yourself and don’t cancel.”

So what are some ways you can help minimize strife and maximize life?

• Take a break – You’ve earned your vacation time, but nearly half of Americans leave that coveted time-off on the table.
• Find your Zen – Whether it’s through meditation, yoga, Sudoku, reading, gardening, or even adult coloring books, make time to do that one thing that brings you pleasure.
• Fall off the grid – Too much time spent on social media can toxify your headspace with feelings of jealousy, resentment and FOMO.
• Call your squad – Setting aside time with just you and your friends gives you a safe space to open up about your feelings and commiserate with your comrades.

With jam-packed schedules that often include a last-minute Hail Mary, it’s easy to feel like there is little time left for you, yet it’s crucial to find that equilibrium. That might mean taking on less and being easier on yourself if you feel like you fall short on any particular day. “A colleague once told me it’s a juggling act,” says Angela. “At some point, some ball somewhere is going to fall.” And when that happens, at the risk of giving our readers an earworm, you have to find a way to just let it go.

So what’s the take-home message? Know your limits. Know when it’s time to pause and when it’s time to focus on yourself for a change (yes, be selfish!). Once me-time is achieved, cue up the Rocky theme song once more. But for now, pause and live well.
The slow days of summer flew into fall leaving us wondering where the time went. Fortunately, our Junior League members have more than a few “life hacks” to help us save some of that fleeting time. Here are some favorites they offered up to keep us from constantly racing against the clock.

Embrace Technology
Gadgets and apps are the best helpers.

- Alexa Echo, Google Home and Apple HomePod — these are several of the home technology gadgets that can help you at home. The setup is a little time consuming but once done, you can turn lights off and on, choose a television program, make a phone call and play your favorite music with a word or two. The list goes on!

- Create a contact list on Google Sheets or on OneDrive to have easy access to addresses for holiday cards, thank you notes or party invites. You can easily share info amongst groups — for example, if you are co-hosting a party or needing to share information as a room parent.

- The Tile, a tiny gadget that has become the “electronic key bowl,” is a way to keep up with your keys inside and outside the home. A Tile can also be attached to water bottles, purses, backpacks and any other items you (or your children) have a hard time keeping up with. And if you lose your phone, it can find that too!

Organize the Mess and Miscellaneous
Baskets, bowls and bins are organizational tools in the house and car.

- Keep baskets around the house to collect donations for thrift, miscellaneous items and dry cleaning. When the baskets are full, it is time to take the donations in to the thrift store, distribute all of the miscellany to their appropriate spots and send in the dry cleaning. A basket or shelf by the door reminds those entering to take shoes off when coming indoors. And a basket on the stairs is a catch-all for things that have come down and need to go up.

- Finding keys is easy with a key bowl by the door or a key hook on the wall. If you are in the habit of putting them in the same spot each time you won't be searching when it is time to rush out the door. Similarly, a household "change bowl" is the perfect spot for families to drop their coins each day. Eventually, those pennies add up for a nice family outing!

- Clean up your car with a bin or two under a seat or in the trunk. Use them as a place to store snack bars and activities or to collect trash — dump the trash at the end of the day or any time you fill up at the gas station.
Begin Your Week Prepped

Sundays are great for preparing calendars, clothing and cooking.

• Read through your recipes and decide on what you will be cooking. Wash and chop fruits and veggies, divide portions into bags/containers and double check your staple ingredients (olive oil, spices, bread, etc.) to see if you need to run by the grocery store one more time. Pre-bag snacks for the week as well so they are easy to grab and go.

• Check over your calendar to see what you have on the agenda for the week. Sync family calendars so that everyone is on the same page. And if you keep a paper planner, now is the time to get out that pencil and make updates.

• Put together outfits for children and decide on your attire for each day of the week. This will keep morning clothing drama to a minimum (and maybe give you a few extra minutes for that Starbucks run as you start your day). At the end of the day, put clothes straight into the wash to keep loads from building up in the hamper. For dry clean only items, call your local dry cleaner for pickup and delivery options!

Serve Your Community

Volunteer opportunities are available for everyone.

• “The Junior League of New Orleans offers opportunities for community service and training that are concise and vetted so the time that a person spends at a shift or a training session is compact yet meaningful and complete,” said JLNO Development Coordinator Kathleen Ramsey.

• Flexible volunteer credits are a great way for JLNO members to complete requirements even when they are crunched for time:
  a. Financial contributions to the Annual Giving Fund, Diaper Bank, Ochsner Milk Bank, Endowment Fund, Huete Scholarship Matching Fund and Scholarship as well as diaper and feminine product donations may count toward credits – members should see the JLNO Member website or contact headquarters for more information.
  b. Members may also donate blood at East Jefferson General Hospital Blood Center, The Blood Center and Ochsner Blood Bank for volunteer or training credits.

• JLNO trainings are available to non-members as well as members. The Get on Board program is a workshop providing knowledge and skills to current members of boards of directors and non-profit staff members as well as those that may wish to become staff or board of directors members. Please visit jlno.org/getonboard to apply to attend Get on Board in early 2019.

• JLNO accepts donations from members and non-members alike – all of which funnel directly back to the community to assist women and children. New Orleans community members can drop off diapers (new or opened packs as well as new packs of wipes and unused diaper creams) to League Headquarters – and this only takes a moment! JLNO also has an Amazon wish list of items that ship directly to our Headquarters. Please visit jlno.org/community/diaper-bank for details on these options as well as hosting a diaper drive or making a financial contribution to benefit JLNO’s Diaper Bank.

If some or any of this seems a bit overwhelming, the ultimate Life Hack fallback is the “2-Minute-Do-It” rule of thumb. Active Emma Pegues promoted it as her go-to, “If it takes less than two minutes, do it. DO IT!” Now, go out there and tackle those minutes. You’ve got this!

Thank you to the League members who took time to share their favorite time-saver life hacks. Your contributions are appreciated!

Lindsey Andry, Kate Argote, Kathlyn Bethune, Jeanne Charlebois, Lisa Chmiola, Robin Carubba, Ashley DeRoche, Courtney Dufour, Amanda Frenz, Sarah Harbison, Melyne Holmes, Melissa James, Anna Kornick, Joanna Kuebel, Leslie Martin, Emma Pegues, Victoria Phipps, Kathleen Ramsey, Chelsey Richter, Christine Rigamer, Alexa Rotola, Mary Schmidt, Taylor Sergeant, Michelle Soliman, Kimberly Tara, Cléta Toepfer

What to do with all those socks that are missing a mate? Keep a basket on top of the dryer so you know where to look when the missing ones start turning up.

Keep a basket at the top of your closet for items you purge. When it’s full, take it to the thrift store.
Preserving a Legacy of Leadership
at the Preservation Resource Center

By Jen Hale

Fresh out of Hendrix College in Arkansas, an ambitious young journalist named Danielle Del Sol launched into her new professional life as a business and real estate reporter in Little Rock. The Miami native found herself covering two opposite spectrums of the real estate world: downtown historic rehabs and contemporary buildings going up in a suburban bedroom community.

“The latter all looked and felt the same, took time (and gas) to reach, and all involved new construction — the waste from which takes up 40% or more of the space in our landfills,” Danielle says. “Natural areas were clear-cut for these development, and ironically the new subdivisions were often named after the natural surroundings they replaced — Deer Run, Wild Oaks.”

It was at that moment Del Sol embraced not just the nostalgic beauty of historic architecture, but also the practicalities of what they can deliver to their communities.

“The historic rehabs were bringing already beautiful but neglected neighborhoods back to life,” Danielle says. “They were essentially recycling expended energy and materials in keeping and restoring buildings, promoting walkable neighborhoods. Plus, each building was unique.

After 95 years of community service, the mark of the Junior League of New Orleans stretches across the Crescent City in many ways and winds back through decades of history. One of the most prominent examples of JLNO’s influence is the ever-blossoming popularity and impact of the Preservation Resource Center (PRC), a project JLNO started in 1974. Today the PRC is a nationally renowned organization that promotes the preservation, restoration and revitalization of New Orleans’ historic architecture and neighborhoods. Originally launched as a JLNO initiative, the PRC has since grown into a community staple that now stands on its own. Given its Junior League roots, it’s fitting that the PRC is beginning its next era with a passionate, dynamic woman sitting in the driver’s seat as its new Executive Director. After a nationwide search to replace longtime Executive Director Patty Gay, Danielle Del Sol is now charged with carrying on the mission of protecting and preserving New Orleans’ most treasured buildings.
and interesting, and each neighborhood had its own personality. There was history and character behind each. As buildings came back and improvements were made — areas became safer, the economy improved."

After a stop in North Carolina, Danielle decided to head back to the classroom to learn more about her new passion and how she could channel it into a career. That decision brought her to New Orleans, where she enrolled at Tulane University to pursue her Master’s of Preservation Studies at the School of Architecture. While Danielle was completing her degree, she interned at the Preservation Resource Center and put her journalism background to work, writing for the PRC’s magazine *Preservation in Print*.

After graduation, Danielle went to work for the PRC and eventually became the editor of *Preservation in Print*, winning numerous awards for her coverage. Through her years of working with the PRC, Danielle’s admiration for the organization grew stronger and her vision for its future clearer.

“There was a lot of wisdom behind the founding of PRC by leaders of the JLNO in 1974 to establish a true resource center that could empower people with the information they need to buy and renovate a historic property themselves — or know how to best care for the historic home they already own,” Danielle says. “The PRC has grown by leaps and bounds since its inception, now hosting a variety of programs that, together, hope to address preservation needs in New Orleans in a holistic way. What those needs are have changed dramatically since 1974, though, and not all our programming has kept up. Some of what we do is still incredibly targeted and effective, but other programs need to evolve to better help a broader constituency base in the city.”

As one of Danielle’s first decisions as Executive Director, she initiated a strategic planning session to analyze the needs of a younger, more diverse audience. This wife and mother of two envisions guiding the maturation of the PRC so that it addresses New Orleans’ most current problems in an innovative and inclusive way.

“We have the reputation for opposing everything and standing in the way of progress,” Danielle says. “The PRC of the future needs to be a place that is proactive and influential, where the residents of New Orleans can constructively discuss issues and examine possible solutions. The PRC has an incredible wealth of history and assets. I hope that my legacy is that the PRC assists residents of all incomes to improve their homes, neighborhoods and city. I want the PRC to help policy makers reach decisions that wisely reuse the historic wealth of this city for all to enjoy for many generations to come.”
The PRC that Danielle is working towards still involves JLNO in many capacities. Through the years, JLNO has continued to support the PRC, even though the two organizations operate independently. JLNO members volunteer thousands of hours a year to rebuild homes for low income homeowners. They also staff tours to educate the community about New Orleans’ historic architecture.

“I continue to be amazed at the way JLNO’s investment in the PRC succeeded into growing an organization that has, for over four decades, been incredibly influential in New Orleans,” Danielle says. “What foresight of the JLNO, and what a powerful strategic investment! That contribution is incredibly meaningful, and the passion that the JLNO’s members still bring to their roles at the PRC is really exciting to see. We are very grateful for the continued partnership.”
The New Cayenne
Arriving Fall 2018
Now Accepting Pre-Orders
Cayenne | Cayenne S | Cayenne Turbo

— 2018 —
PREMIER
Porsche Dealer
Porsche of New Orleans
700 N. Causeway Boulevard, New Orleans,
Louisiana 70117
504.832.2112
NewOrleans.PorscheDealer.com

Custom Publishing

Your Publication is Our Passion.

CONTENT DEVELOPMENT • ART LAYOUT & GRAPHIC DESIGN
ADVERTISING SALES • DIGITAL MARKETING • DISTRIBUTION & MAILING

Contact Jessica@myneworleans.com
All Aboard!
JLNO on Track to Train Tomorrow’s Leaders

By Sonia Godfrey | Photos by Norris Gagnet Photography

The St. Charles Avenue streetcar is a constant reminder of New Orleans’ past, but it also signals the city’s commitment to progress. It is the oldest continually running streetcar in the world, yet it requires constant maintenance and updates to serve the changing needs of tourists and residents. In the same way, the Junior League of New Orleans (JLNO) is a long-standing pillar of the community but benefits from regular reflection to sustain its integrity and relevance as it trains a new generation of women leaders.

With that in mind, JLNO leaders remain dedicated to preserving the organization’s legacy while simultaneously pursuing innovations that will provide the most beneficial opportunities to both existing and new members’ changing interests and needs. Over the past decade, the demographics of the Junior League have shifted significantly. New first-year active members are quite different than incoming members of the past. More than 90% of members work outside the home, and almost all are college-educated. Not only was it difficult for working women to volunteer for a three-hour shift at Bloomin’ Deals during a weekday, but this experience no longer best prepared members for the expanding range of leadership positions available to women today. Current JLNO President, Alice Franz Glenn, explains, “JLNO members are incredibly dynamic women, so their time is divided between work, family and other community commitments. We have to respond by creating volunteer opportunities that are both impact driven and member-centric.” Similarly, the full-time responsibilities of the League leadership prevent many talented women with conflicting financial obligations and time commitments from pursuing the leadership positions.

Instead, the Junior League recently reevaluated its Bylaws and other governing documents, restructuring its volunteer requirements and articulated skills and values that better reflect the needs of the organization’s emerging leaders. Members can now pay dues in installments and volunteer in more manageable one-hour increments. Donation opportunities are diversifying, ranging from rummage to items for infants and mothers at our Diaper Bank. As President-Elect Christine Vinson says, “Most incoming members today are professional young women...Incoming members bring diverse backgrounds and experiences from throughout our community including experience at other non-profits. This helps JLNO progress in today’s increasingly competitive non-profit landscape. We need to take the time to listen, learn and adapt to some of the change while honoring and respecting our past.”

Beyond these specific changes, the League is pinpointing the principles at the heart of its mission. Acknowledging the importance of particular programs, Alice maintains that the JLNO should focus on cultivating women leaders above all.

She hopes to offer “real tangible skills members can leverage and translate into whatever community outreach they want to do.” With the help of Trepwise — a nationally renowned, New Orleans-based impact consulting firm — the League recently developed a list of Core Competencies (see page 24) that will allow members to pursue a variety of leadership positions,
regardless of their level of career and community experience. These competencies include commonly recognized skills like communication and teamwork. Further, they also seek to foster more unique qualities like vision, creativity and awareness of community. Christine feels all eight of these newly developed competencies are critical to the League’s path forward, as is our continued focus on diversity of skills and backgrounds. “Surrounding yourself with diverse thinkers and skillsets can drive any team’s projects to success,” Christine says, adding, “We all don’t get from A to Z by following the same path.”

Long-time JLNO sustainers suggest these Core Competencies have always been vital to women leaders. JLNO Sustainer Hermione Malone, past President of the Cleveland Junior League and current Executive Director of GoodWork Network, credits the organization for many of the skills she possesses today. Hermione says critical leadership qualities include, “the ability to work with diverse populations, the cultivation of a more global view, the courage to be a vocal advocate, [and] knowledge of how critical it is for leaders to listen more than they talk.” Hermione acknowledges incoming members do differ in their skills and needs. Women entering the League today face more demanding work schedules but are often more text-savvy and globally oriented in their interests. “We have multinational friends and work colleagues, families,” she says, “and as such, many of us have a heightened awareness of issues beyond our cities, state and country.” For example, among its possible project areas for development, the 2018-2019 JLNO Strategic Plan includes human trafficking as an issue of urgency. Though the League would focus on trafficking in New Orleans specifically, this is a problem that is global in its scope, reflecting the concerns of our evolving membership.

Despite their differences all members share the same leadership qualities and goals. Hermione suggests that all leaders emerging from the League should be able to stand their ground in the face of opposition, while still being considerate and cooperative. “Regardless of generation,” Hermione says, “we have a desire to improve our communities, to roll up our sleeves and be part of solutions, and to help bring other women along as leaders in the process.” Sustainer Margaret Godfrey agrees. Membership demographics have changed, but JLNO’s “purpose, goals and action in the community has not.” She recalls she learned leadership skills simply by emulating exemplary League members who worked and volunteered in her church (Trinity Episcopal) and community. Her experiences with JLNO helped her to feel confident enough to lead a support group for the congregation’s divorcées with fellow Trinity member and Sustainer Susan Jumonville.

Hermione believes JLNO should reemphasize this kind of mentorship. She encourages new members themselves to be proactive and seek out opportunities beyond their “comfort zone.” Yet she also suggests “Junior League can more directly ask members where they’d benefit from mentorship and seek to make those introductions/pairings.” This type of mentorship is especially important for women, because they often face more challenges than men in their efforts to become leaders. Though she recognizes encouraging shifts in such attitudes, Hermione says often, “the same characteristics [such as assertion and aggression] that men are cheered for can be seen as flaws in women...particularly women of color.” Margaret echoes this sentiment, maintaining that organizations like JLNO provide a “safe harbor,” a nurturing, non-competitive environment for women to develop the confidence they will need to become leaders in the broader community. As Christine encourages, “New members should try opportunities across different councils to gain exposure to the organization and help them decide where they would like to focus future effort. The best way to grow is to get involved.”

As the League enters its 95th year serving the New Orleans community, our leaders hope that members find excitement in being part of an organization with strong values whose leaders constantly evaluate how best to integrate those principles in the community they serve, providing the city of New Orleans with its best leaders and volunteers. As our streetcar line continues to improve and expand, so does the Junior League carry its historic legacy forward while it adapts to the needs of up-and-coming leaders.
Core Competencies of a Community Leader & Volunteer

Communication Skills
The ability to communicate effectively is crucial and includes active listening, nonverbal communication, speaking concisely and clearly, and public speaking. The best communicators incorporate elements of confidence, respect and empathy in their interactions with others.

Teamwork
Success in this competency involves working together towards a common goal in a positive atmosphere by supporting each other and the group as a whole using individual strengths. Being a team player means being able to collaborate, communicate and be relied upon by your colleagues.

Leadership
Definitions of leadership and leadership styles vary dramatically. *The Harvard Business Review* and *Forbes* identify crucial aspects of leadership as professionalism, reflection and the ability to earn the respect and trust of your team and inspire them to be their best. The best leaders are often charismatic and able to leverage that appeal in energizing their team.

Time Management + Organizational Skills
Time management means working efficiently, often by prioritizing and delegating effectively. Time management is considered a subcategory of organizational skills, which are crucial to allowing volunteers to remain focused on different projects without getting disoriented or lost. Other organizational skills include attention to detail, budgeting and goal-setting.

Patience + Flexibility
Patience requires the ability to be comfortable in uncertain situations and to support others as they learn and grow in their roles. Flexibility is the ability to adapt to changing circumstances. It is particularly important in the context of community organizations where resources are often limited and participants are volunteering their time rather than functioning as paid employees.

Vision + Creativity
For a volunteer-based organization, vision is typically the effect that you hope your service will have upon others and the world. Creativity is closely tied with vision and is characterized by your ability to think out-of-the-box and develop innovative solutions to community and organizational needs.

Awareness
Developing an awareness of the organization you serve is imperative to successful leadership. A true understanding of your organization and the way it works, including your role within it, allows you to maximize your efficacy as a volunteer. Awareness of your community is also vital to identify not only the most needed work, but potential partners and place-specific approaches. Both types of awareness require you to be attentive to and perceptive of the world around you.

Program Planning + Delivery
An important aspect of being an effective community leader is being able to conceive, coordinate and convey your organization’s vision. Program planning and delivery requires that you have a strong knowledge of your community and its needs, and craft your vision accordingly. To achieve this you must be able to draw on the former articulated values of patience and flexibility, but also communication skills, time management and leadership.
THE INDOOR FAMILY HOLIDAY FESTIVAL

NOLA CHRISTMASFEST

OPEN: CHRISTMAS EVE • CHRISTMAS DAY • NEW YEAR’S EVE (DAYTIME) | CONVENIENT PARKING NEARBY

DECEMBER 22-31, 2018 • PAY ONE PRICE

NEW ORLEANS’ ONLY REAL ICE SKATING RINK

NEW ORLEANS CONVENTION CENTER

WWW.NOLACHRISTMASFEST.COM
Doors open again this year at the Pontchartrain Center on Saturday, November 17th for the 7th Annual Touch a Truck Fundraiser. With last year’s turnout breaking the attendance record with 2,400 guests, this year’s participants should expect to celebrate with over 3,000 fellow attendees taking the opportunity to crawl all over fire trucks and emergency vehicles, get behind the wheel of dump trucks and tractors, and learn about the important services these machines and their operators provide to Southern Louisiana.

Due to its success last year, Field Trip Friday returns on Friday, November 16 from 10 a.m. to 1 p.m. providing local students the opportunity to participate in the event and meet the heroes that operate the featured vehicles. The League provides 500 free student tickets through Field Trip Friday reserved for visitors from under-served schools that might not otherwise have the opportunity to participate in the event.

Touch a Truck is open to the public from 10 a.m. - 4 p.m. on Saturday, November 17 for children approximately four to nine-years-old. Ticket sales begin at the Pontchartrain Center that morning at 9 a.m. Discounted tickets can be purchased in advance at www.jlno.org/touch-a-truck. At the door, tickets are $15 each or $60 for a Family Pack. Children under a year enter for free. A ticket will earn each guest entrance to the Pontchartrain Center and access to all his or her favorite “big trucks”, face-painting, food by local vendors and the chance to meet the people behind the wheels of these machines that build and serve our community.

Through its ticket sales, vendor participation and donations, Touch a Truck expects to continue its impact on the Greater New Orleans area with its 7th Annual fundraiser this November. Funds raised go to several of the League’s core causes including the League’s Diaper Bank, Scholarship Fund, the Women Entrepreneur Fellows and Covenant House partnership, among many other worthy charitable programs both within the League and throughout the community. Not only did the event raise over $45,000 last year for those JLNO programs, Touch a Truck also offers a chance to connect community members to the people that work hard to protect and build Greater New Orleans. Altogether Touch a Truck offers the League the privilege to provide the community over 40,000 volunteer hours to help 13,000 residents through 80 different volunteer opportunities, 50 training programs and 40 non-profit partnerships.

Please contact the 2018 Touch a Truck co-chairs Sarah Howard & Lizzie Frein at touchatruck@jlno.org for more information about how to get involved.
Lagniappe

Organization news, lifestyle advice, event photos and more from the Junior League of New Orleans

Read this issue, and others online!
Visit LagniappeMagazine.com
Finding balance is essential to maintaining effectiveness. This message is clearly demonstrated in the Junior League of New Orleans' Membership Curriculum, which drives members' volunteer and engagement activities. It prioritizes the needs of both members and the League, maintaining balance and encouraging both personal and organizational effectiveness.

Through purposeful evaluation, JLNO has devised a new system for how members can best serve the organization and their community. Its Membership Curriculum applies to Provisional members, those in their first year of service with the organization, and Active members who have between one and 10 years of service. Combining formal training via workshops and lectures with hands-on activities allows members to learn everything from planning to promotion to programming.

JLNO’s Membership Curriculum reflects our members’ growing need for flexibility and includes innovative approaches for applying volunteer service, training, committee placement and financial responsibilities towards each member’s annual voluntary commitments. It includes 40 hours of community service and four hours of formal training dedicated to achieving JLNO’s focus of advancing the wellbeing of women while retaining motivated and engaged members.

Many JLNO members work outside the home and are unable to volunteer during weekdays, so it was mutually beneficial to begin offering increased volunteer opportunities on weekends and evenings. Another key component to the curriculum is the flexibility in how volunteer time is counted. For example, instead of requiring three-hours of volunteer service all at once, members can choose from a more diverse array of service options, including both League-based and community partner opportunities, that involve shorter or longer individual time commitments.

In addition to volunteer commitments, training opportunities enhance the organization’s mission of improving communities through the effective action and leadership of trained volunteers. General Membership Meetings are joined by a variety of other opportunities to earn training credit, including Community Projects, presentations by JLNO’s strategic partners and programming presented by the Life, Leadership, and Learning Committee.

Allowing flexibility in how credits are earned and expanding training opportunities provides a meaningful experience for the member as she develops her potential. “Volunteer opportunities for our members should communicate the value proposition of the League,” says JLNO President Alice Franz Glenn. “All of our service is impact-driven paired with a commitment to training our members to be the best possible leaders.”

Communicating the value of Junior League membership is a main goal of JLNO’s Curriculum. JLNO members are valuable to their families as well as the workforce and nonprofit sector: their League membership should be adaptable to these other commitments. In addition to offering diverse volunteer and training opportunities, the Membership Curriculum accommodates a busy schedule, a change in employment or family situations, or increased participation in other community-focused endeavors. Members may elect to make financial contributions, give blood, donate diapers or feminine products, contribute articles to Lagniappe magazine, request a waiver of volunteer or training requirements, or go on sabbatical in place of new core components. These opportunities help members continue to serve the organization and their community while addressing career, health, or family needs.

JLNO’s Membership Curriculum allows each member to customize her Junior League experience to be as personal and meaningful as possible. This flexibility will maximize member satisfaction and utilization while simultaneously strengthening JLNO organizationally, thus manifesting our essential balance.
JLNO endeavors to make this curriculum flexible so that members can craft their own training and experience.

HANDS-ON VOLUNTEER ACTIVITIES INCLUDE:

- Learning more about the internal running of a nonprofit by performing administrative tasks for the organization
- Focusing on direct service by training future caregivers at Safe Sitter or sorting diapers
- Gaining awareness of the community by working with nonprofit partners like Covenant House
- Cultivating support for the organization by soliciting donors or selling fundraiser tickets
- Enhancing communications skills by promoting the organization through Lagniappe, social media, merchandise, or word-of-mouth
- Measuring and evaluating the effectiveness of JLNO’s programs

FORMAL TRAINING INCLUDES:

- General Membership Meetings, where members gather to learn about what’s going on in the organization as well as hear presentations from leadership experts, other nonprofits, and business or community partners
- Personal and professional development opportunities curated by JLNO’s Life, Leadership, and Learning Committee
- Events raising awareness about broader community issues with partner organizations
- Programming presented by JLNO’s Financial Literacy, Get on Board, and WE Fellowship programs
- Committee-based training that provides knowledge and skills they didn’t have and enables them to better plan and implement within their group
As consistently reiterated throughout this issue of Lagniappe, training women leaders for the communities, businesses and institutions of today is an ongoing opportunity Leagues across the country are rising to provide.

While JLNO’s own chronicle of building women leaders stretches back 95 years, our national governing body, the Association of Junior Leagues International, Inc. (AJLI), predates our own organization and continues to promote this legacy nationwide.

Founded by Mary Harriman in 1901 in response to the growing poverty in industrialized areas, the women leaders of the first Junior League lived in a drastically different time than our current members.

In a recent visit to New Orleans and presentation to JLNO’s Joint Council, AJLI’s Chief League Operations Officer Anne Dalton shared that the values of the original League founders are still alive today. She also outlined a new vision of management AJLI is promoting in Leagues across the country. This new model blends the community values of our founders with the modern management and membership trends of today.

“What we [Junior Leagues] are really in the business of doing is creating an environment of women leaders,” said Anne. In this respect, the focus of the League is unchanged since the early days of Mary Harriman, yet the execution of this mission has evolved. Unlike our predecessors at the turn of the century, the women coming into Junior Leagues today need more specialized training and often have more formal education.

Under this modern construct, Anne feels “our learning environment needs to capitalize on the experience in the room.” AJLI’s own analysis confirms this: in a 2005 research effort, the organization found that nationally, the League’s value proposition was declining. The rigid structure of many Junior Leagues was failing to meet members’ expectations and the quality of community impact was diminishing. To better equip AJLI member organizations to meet these expectations and reverse negative trends, Anne and her colleagues undertook the mission of redefining impact and leadership models.

While the governance of a League is focused on central aspects of organizational sustainability, the management undertakes leadership accountability. Through this structure, Leagues can focus on their true niche: developing high-quality female leaders and further core competencies of leadership instead of monitoring member obligations. Anne emphasizes that the Junior League experience shouldn’t revolve around a placement, title, age, committee or years in the League. Instead, the member’s time in the League should cultivate key competencies of communication, teamwork, leadership, patience, program delivery, time management, vision and community awareness.

JLNO has been leading the way in this capacity for years. Anne notes, “I was around for Katrina, and I continue to use that as an example of what makes a League a player in a community: how you all took a look at the non-profit sector and realized the lack of leadership after the storm and recognized that JLNO could come into that space.” Anne further cites key JLNO initiatives such as Women of the Storm and Get on Board as continued examples of our League’s extraordinary ability to convene across sectors.

“People are looking for meaning,” Anne said, “to be able to connect to more intimate spaces is a real gift.” The new membership credit system and ongoing efforts to push the JLNO into policy change, further non-profit partnerships and an expanded membership profiles all speak to our leadership’s efforts of growing a more inclusive and impactful League. Through JLNO’s partnership with AJLI and internal commitment to our mission, opportunities for personal, professional and communal impact are limitless.

•

Anne Dalton
Leading League Change Nationwide

By Lacy McManus
All of your favorite designer brands in one place

CHLOE
PRADA
KATE SPADE
GUCCI
REBECCA MINKOFF
TORY BURCH
LOUIS VUITTON
RAG AND BONE

DVF
THEORY
VINCE
JOE'S JEANS
HALSTON HERITAGE
JOIE
ZAC POSEN
CHANEL

5530 Magazine St
504-324-8143

7716 Maple St.
504-304-6025

www.swapboutique.com
There are exciting plans in the works for the Junior League of New Orleans’s Financial Literacy program. The prior curriculum focused on five key financial topics — banking, borrowing, budgeting, saving and investing — and was provided free and open to the public. For the 2018-2019 series, the Financial Literacy Committee is building on the foundational success of these inaugural sessions to provide tailored topics to JLNO members and the community.

The initial program ran from February 2017 through May 2018 and was extremely successful. Through ten sessions, hosted at the Broadmoor Arts and Wellness Center, the Financial Literacy Committee organized hour-long discussions on a comprehensive suite of financial topics that ranged from how to buy a car to preventing foreclosure. The sessions were engaging and well attended, featuring female presenters with financial expertise who volunteered from both inside and outside the League.

Capitalizing on the talent within JLNO and our community partners helps demonstrate the accessibility of financial knowledge, as Financial Literacy may at first sound somewhat intimidating. Both the past and planned curriculums are designed to change this reputation and expand the financial proficiency and confidence of women across greater New Orleans. As a wide range of trusted financial publications and experts can attest, a large percentage of women in marriages or long term relationships are often not well-educated on personal finances and rely almost exclusively on the financial planning of their male partners. “This program is a way to show young women that you can do this too,” says Financial Literacy Chair Sarah Nieuwenhuizen as she passionately explains the tangible benefits of the curriculum.

As the program moves into its second iteration in 2018-2019, three key audiences have been identified: community participants, JLNO members and young women. The community participant audience will include the members of community partner organizations and will benefit from two to three classes with a focus on the fundamentals of financial literacy. The JLNO member audience will also enjoy two to three classes with a focus on more nuanced concepts of financial planning and investing. To reach the youngest audience identified, the series will include participation in a September event presented by the Girl Scouts. At this event approximately 2,000 New Orleans area girls will have an opportunity to learn how to be confident in their future finances.

Diversifying the target audiences for the Financial Literacy program will make the information presented more meaningful for each individual participant. This strategy expands into the plans to hold classes at several community locations with possibilities including JLNO Headquarters and a lunch and learn in a downtown venue. This approach is designed to customize the offerings to meet the needs of the community and the Junior League of New Orleans.

Financial Literacy is capitalizing on successful planning and pilot years to bring a truly valuable program to our community. Offering financial education is an important step in achieving economic freedom, which translates directly to our mission of developing the potential of women. The future for JLNO’s Financial Literacy program clearly shows a very favorable forecast.

PHOTOS TOP TO BOTTOM

Eileen Chao of Interview Ready Now introduces the Financial Literacy Program Series on Rising Food Costs.

Melanie Garofalo of LaPorte describes ways to save money over time during the Financial Literacy Program “Savings Through Tax Returns.”

Financial Literacy committee member, Jen Jumonville, provides examples of ways food costs affect her budget.
It is still hard for me to believe that I joined the Junior League nearly ten years ago – the time has flown by! I can remember my first provisional social at then JLNO President Erin Bell Luetkemeier’s home and how exciting it was getting to know the other provisionals in my class in addition to my Provisional Advisor (and eventual JLNO President) Jeanne Harang Boughton. While I joined the League for many reasons, including commitment to our city and a strong connection to the League’s mission, one of the main reasons I joined was to extend my network and make new friends. While I had hoped to make a few great relationships, the League offered me the opportunity to gain many new lifelong friendships and provided me with extraordinary examples of influential female leadership.

I feel very fortunate to have been led by some of the most dedicated, caring and amazing women I have ever known. From my first President, Erin, to our current President, Alice Franz Glenn, the League has been steered by brilliant women whose love for New Orleans and commitment to our neighbors knows no bounds. I can only imagine that the 10 women who launched the League in 1924, and our first president, Veva Penick Miller Wright, would be extremely proud of what we have accomplished and what remains in our future. In honor of their vision, the League has launched the 1924 Society to recognize those who have invested in the League and have realized the important legacy a planned gift creates.

The future of the League is limitless. I believe so strongly in what JLNO means to this city that leaving an endowment gift to the League was an easy decision for me. When I think about the time between my provisional year and now, I count these years among my happiest and most fulfilled. My League sisters are my best friends and I feel so honored to have been able to serve in the spirit of the members who came before me. I am thankful to be a member of the League and am honored to make a donation that helps guarantee the future of an organization that has meant so much to not only me but to our great city. A legacy donation can take many different forms, but ultimately, it is an expression of your life – a way to be remembered. Your legacy can be a meaningful way to make an impact that will touch generations and contribute to the future of the Junior League. Your gift can fund scholarships for working moms, increase the opportunities for women in business or contribute to the overall wellbeing of women and children in New Orleans.

I am proud and honored to match planned gifts to the endowment up to $100,000 and I hope that you too will be inspired to leave your own League Legacy. Every gift — no matter the size - helps to ensure another 100 years of our amazing League!

Lead with a Legacy of Giving
Planned gifts include annual gifts to the endowment fund of cash and securities, or future gifts including:

Bequests
Designating a specific amount of money, a percentage of your estate, or a specific property, to ensure a future of support

Life Insurance
Contributing a policy you own, assigning dividends as a gift, or naming Junior League of New Orleans as a beneficiary provides support for those in need and tax benefits for you.

Property
Gifting donations of real estate, jewelry, or other valuables may also provide significant tax benefits.

Memorial Gifts
Directing donations for annual recognition of a loved one.

Other Planned Giving
Establishing a charitable remainder trust, lead trust, or other planned gifts.

For more information on how you can join the 1924 society, please visit jlno.org/1924Society, and contact JLNO Development Coordinator Kathleen Ramsey at 504-891-5845 or kathleen@jlno.org
Thank You to Our Sponsors and Donors

Donations received between April 1, 2018 and June 30, 2018
Support includes gifts to JLNO Programs, Annual Giving, Endowment and Fundraising Events.

Please contact Development Coordinator Kathleen Ramsey about bequests and planned giving: Kathleen@jlno.org or 504-891-5845

$10,000
Cajun Navy Relief
Kickee Pants

$5,000 - $9,999
Methodist Health System Foundation, Inc.
Yvonne LaFleur

$2,500 - $4,999
Baldwin Haspel Burke & Mayer
Hancock Whitney

$1,000 - $2,499
Bond Moroch- Allison Staub
Jerome S. & Grace H. Murray Foundation
Katie and Jimmy Gibert Fund

$500 - $999
Caroline Meric
Chevron
New Orleans Macaroni Kid
St. Charles Avenue Presbyterian Church

$250 - $499
Shon Baker
Haydel’s Bakery
Jennifer Bernard-Allen
Elizabeth Boh
Kenya Mills
Kristin Moore
Garden Club of the JLNO, Inc.
Kendra Scott
Shell Oil Company

Up to $249
Libby Adams
Beatriz Aprigliano-Ziegler
Nicole Babb
Judy Barrasso
Monica Bertrand
Alexandra Blanchard
Ashley Brennan
Carol Carpenter
Constance Dahlberg
Emilie Davis
Lesley Davis
Mollye Demosthenidy
Kathleen Dennis
Jane Dufour
Mallory Cooper
Caitlin Flanagan
Jessica Fridge
Brandy Gilly

Elise Guidry
Rebecca Hamilton
Katherine Hand
Joanne Hoppe
Maria Huete
Colleen Jarrott
Sonya Jarvis
Tina Jones
Emily Launhardt-Eiswirth
Beth LeBlanc
Catherine Lenihan
Rebecca Martinez
Sarah Martzolf
Georgiana May
Margaret McDaniel
Elizabeth Meeks
Bailey Morrison
Marion Newsom
Melanie Oubre
Mignon Parker
Stacy Pellerin
Taylor Pospisil
Kathleen Ramsey
Kendra Reade
Seane Rice
Monet Jeanne Roberson
Meghan Ruckman
Evie Poitevenet Sanders
Lynn Smith
Cherie Teamer
Ann & Shaw Thompson
Micheline VanDenburgh
Sarah Webb
Cheryl Webster
Brandy Whisnant
Margot Wilkinson
Sarah Wood
AmazonSmile
Audubon Nature Institute
Cure
d’Juice Fresh Juice and Smoothies
Facepainting by Maybella
Francos on Magazine
Haase’s Shoes and Young Folks Shop
Imperial Woodpecker Sno-Balls
Jackson Family Wines
Parish Coffee Works
Roedel, Parsons, Koch, Blache, Balhoff & McCollister
Squad Wod
New Orleans Moms Blog
New Orleans Paddlewheels, Inc.
The Midway on Freret
The Fresh Market
Varsity Sports New Orleans
Yogurtland

TRIBUTES & MEMORIALS

In Honor Of Maria Huete by Kristin Moore
In Honor Of Maria & David Huete by Beth LeBlanc
In Honor Of Maria & David Huete by The Rowing Club
In Honor Of Lilla Kearney by Evie Poitevent Sanders
In Honor Of Cathy Derst Miller by Courtenay Dufour
In Honor Of Carolyn Rings by Rebecca Martinez
In Honor Of Marlowe Sandefer by Emily Sandefer
In Honor Of Melanee Usdin by Judy Barrasso
In Honor Of Melanee Usdin's 2018 Sustainer of the Year Award by Libby Adams
In Honor Of Melanee Usdin's 2018 Sustainer of the Year Award by Ann and Shaw Thompson
In Honor Of Melanee Usdin's 2018 Sustainer of the Year Award by Elise Guidry
In Honor Of Melanee Usdin's 2018 Sustainer of the Year Award by Lanier Hosford
In Memory Of Aida Charbonnet by Emilie Davis
In Memory Of Muffin Mahorner by Junior League of New Orleans Book Club
In Memory Of Lee Mason by Junior League of New Orleans Book Club
In Memory Of Milan and Andrew Agee by Carmelitia Agee

Please contact Development Coordinator Kathleen Ramsey about bequests and planned giving: Kathleen@jlno.org or 504-891-5845
Junior League President Alice Franz Glenn and Speaker and VP Corporate Social Responsibility for Entergy Corporation Patty Riddlebarger, at the July 17th General Membership Meeting. Photo by: Windsor V. Richmond

Junior League Volunteers at NOLA Back 2 School Fest packed backpacks with essential school supplies to give students the basic tools they need to start the school year. Photo by: Camille Rome

Pictured top row: Katie Burlison, Ashley Morgan, Meghann Holland, Sarah Stanwood, Kerrie Guilmino, Leslie Martin, and Lori Watts. Pictured bottom row: Gabriel Virdure, Emily Lewis, Covenant House staff Mr. T, Covenant House staff Ms. Pat and Carol O’Connor at the July Birthday celebration. Photo by: Leigh Smith-Vaniz.

Leslie Martin and Kerrie Guilmino cutting the cake to celebrate July Birthdays at Covenant House. Photo by: Leigh Smith-Vaniz.

(L-R) Rachel Schwartz, A’Dair Flynt, Kate Mick and Ashley Johnston attend July 17th’s General Membership Meeting. Photo by: Windsor V. Richmond
JLNO members spend an evening sorting diapers for those in need.

Photo by: Michelle Sens

These ladies, Megan Armstrong, Kelly Staples, Brooke Hundley and Emily Degan, are all smiles during the JLNO Diaper Bank sort night.

Photo by: Michelle Sens

JLNO volunteers help collect diaper donations at the Baby Cakes “Battle of the Baminos” game.

Photo submitted by: Dana Douglas

Alison Shih and Kelly Rauser take part in sorting diapers for babies.

Photo by: Michelle Sens

JLNO Volunteers at Longue Vue’s Sprouts program.

Photo submitted by: Longue Vue House and Gardens
Member Outreach Chair, Marion Newsom, and All Hands on Deck Member, Jordan Killeen, pose at Joint Council Celebration. *Photo by: Shawn Marie Scott.*

Governance AdHoc Chairs, Michelle Huck and Molly Demosthenidy pose at Joint Council Celebration. *Photo by: Shawn Marie Scott.*

Lynn Spearman, PJ Lentz, Sarah Harbison, Sarah T. Aucoin and Jorgia Copeland enjoying Esprit’s Front Porch Friday at Hot Tin. *Photo by: Taylor S. Pospisil*
Esprit Chair PJ Lentz, President-Elect Christine Vinson and Esprit Chair Kelly Touart enjoyed an evening of laughs at the Esprit Ladies LOL Comedy with a Cause Event.
*Photo by: Carrie Moulder*

Anna Grilletta (Safe Sitter participant) practices how to change a child’s diaper during a Safe Sitter session.
*Photo by: Windsor V. Richmond*

*Photo by: Andrew Bascle*

Jenny Voss (Safe Sitter Instructor) teaches participants during a Safe Sitter session.
*Photo by: Windsor V. Richmond*

Caroline Avegno (Safe Sitter Instructor) and Jeanne Goedecke (Safe Sitter Instructor) sign in participants.
*Photo By: Windsor V. Richmond*
One of the wonderful things about writing the Heritage article for JLNO’s *Lagniappe* magazine is getting to visit the Archives at the U.S. Mint, which houses a wonderful lifetime of JLNO scrapbooks.

Flipping through the aged scrapbook pages with articles from local news sources (and several national publications) highlighting the work JLNO has been doing in the New Orleans community all these years is a delightful treat. Yet, what is even more exciting is stumbling upon our League’s own publication – *Lagniappe*! It is especially hard not to stop and read through the entire versions of past issues of *Lagniappe*: the content is exceptional and these women were clever writers. The witicism of some articles provides true laugh-out-loud moments. Take, for example, the article titles “What to do When Your Husband Goes to 40 Football Games” (November, 1967) and “Your Rummage Image” (October, 1962).

The first article tallies the number of home teams’ games (LSU, Tulane and Saints) and how to go about getting in the football spirit. The second article describes two League members sorting donations and the interesting items that perhaps should not have found their way into the thrift store.

Additionally, the yard and garden articles were so well written that if they were published today, our local garden companies might be up in arms because of the secrets revealed on how to keep a Garden-District-worthy garden blooming in all seasons.

Last but certainly not least, it is noteworthy that many of the local businesses who advertise with *Lagniappe* today were publicizing their businesses with JLNO way back when – Town & Country, Rayne Nursery (now RECP) and Martin Wine Cellar, just to name a few.

The *Lagniappe* staff always hopes readers enjoy the current content: keep in mind if you stumble across a vintage edition, it is worth having a read! •