

Lagniappe



Junior League of

Summer 2017

Two Girls One Shuck

2017 WE Fellowship Winner

Summer Bodies

Inspiring Weight
Loss Stories

Be Our Guest

Modern Tips for Hosting
and Being a House Guest

Where are They Now?

First WE Fellowship Winners
Windowsill Pies - One Year Later



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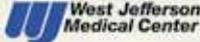


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Photo by: Jessica Bachmann

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Crawfish Daniel Salad

cucumber ribbons, greens, cherry tomatoes, brandy, French dressing

Seaweed Pasta

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Alligator Beignets

Weiss beer, white remoulade

Salsa Verde Braised Goat

queso fresco, lime crema, red bean purée, on masa cakes

Smoked Redfish Onion

persillade, caramelized anise onion, white wine braised shallot

Crabmeat & Mango Salad

crème fraîche, sunflower crackers, sprouts, mango vinegar, charred heirloom tomato

Crawfish & Shrimp Toast

blackened shrimp, crawfish crème fraîche, pineapple pickled fennel, country bread

Crabmeat Agnolotti

mascarpone-basil, garlic, chives

Steak Tartare

dill mousse, cured egg yolk

Parmesan Fried Oysters

spinach-garlic sauce, lemon, parsley

Heirloom Tomato Salad

burrata, milk chips, arugula

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Letter from the Presidents

2016-17 President

This is both a farewell and a Happy New League Year! There aren't enough superlatives that I could list here to express this past year as President of the Junior League of New Orleans. It is with some sadness but mostly good cheer that I am happy to pass the reins to my esteemed friend, Kristen Cocke Koppel. If there was one lesson that has remained with me after all of this is the importance of continuity. Strong foundations are laid one brick at a time, never dismantling the bricks that were laid before it but strengthening and buttressing the whole structure so that when it is finished it will withstand the tests of time. I was very fortunate to have had Past-Presidents, board members and JLNO leaders that I could call, email or text, who were always willing to give me generous words of wisdom and advice. I never assumed I knew it all and that is where the most personal development has come from as I listened to these women share their experiences and their reasons "why." As you move forward in leadership – either as an Active member in the League or a Sustainer in the community – remember the foundation that the League has given you of voluntarism, acting as a catalyst for change in our city and the strength in our membership. My humblest of thanks is for the 2016-17 JLNO Board of Directors, I was lucky to get you as part of the team but blessed to be able to call you friends. I know Kristen has an exciting year planned and I cannot wait to read about it in the pages of this magazine...

Gratefully,



Maria Pardo Huete
President 2016-17



Photo by: Norris Gagnet

2017-18 President

As we begin the 2017-18 Junior League year, we must thank the 2016-17 Board of Directors for their unwavering dedication and leadership. As we begin our 93rd year, I am reminded of the impact we have made in Metropolitan New Orleans, and I am excited for the future. We have an exciting year planned, and I hope you will take a moment to meet the amazing women that comprise the 2017-18 Board of Directors. Each of these women is committed to our mission of promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers.

Gratefully,



Kristen Cocke Koppel
President 2017-18

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Letter from the Editor

We're sliding into summer like we're scoring a homerun, and the end of another League Year has me contemplating transition.

Growing up, my family spent our summers in New York visiting family. My sister and I made a whole set of neighborhood friends up there who we spent our days running around with. When the sun went down, we always had our sweaters handy so we could continue playing in the chilly evening while the Northerners complained about the humidity. We spent those carefree summers chasing fireflies, reading in trees and being curious and interested in a different world. Those six weeks of exploration were always something to look forward to. Not just the reprieve from the heat but also from the daily grind of the life we knew best. There was always something new at the end of summer – new school clothes, new classrooms, new teachers.

Now, spring bleeds into summer, which doesn't seem to have an end. My fiscal year ends, but the work never stops. Vacations still come annually, but there isn't a prescribed time to escape anymore.

Except with Junior League. Summer always means transition. New faces to get to know. New stories to tell. New memories to make. New friends to meet. We're introducing our 2017-2018 Board of Directors in this issue – a new set of leaders, filled with energy and flush with ideas for the new League year. These amazing women are shaping the future of the city of New Orleans with their vision and willingness to volunteer their talents. I admire your leadership and look forward to learning from you.

During the time I've served on the *Lagniappe* committee, I've been lucky to meet similarly inspiring women. Amanda Goldman, I learned so much from you. Thank you for showing me how it's done. It is my honor to pass the torch to you, Emma. I can't wait to see how you, Stephanie, Lacy and Michelle will improve the magazine. Jane and Maria, you bore this load with us, and it was truly wonderful to get to know you. You are all my neighborhood friends.

I think that my sister and I were adequately prepared to understand and deal with change because of our childhoods. But the bittersweet taste still lingers in the prepared. Thank you for enjoying this year with me. You've given me the greatest honor to be your editor.

I can't wait to catch up with my neighborhood friends without looming deadlines and unwritten headlines. If it gets chilly, I'll probably have a sweater to share with you.

Warmly,



Lea Witkowski-Purl
Lagniappe Editor 2016-2017



Photo by: Jessica Bachmann



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Compiled by Adele Abboud



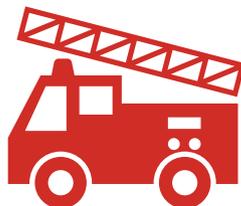
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SAVE THE DATE

for Touch a Truck
on Nov. 4!



SAFE SITTER 2017 SUMMER CLASSES

Single day SAFE SITTER® classes are available on Saturdays and Sundays during the summer. The fee is \$50 per child. Classes are held at JLNO's Headquarters at 4319 Carondelet Street in Uptown New Orleans from 10:00 a.m. to 4:30 p.m.

SATURDAY CLASSES: June 3, 10, 24
July 8, 15 and 22

SUNDAY CLASSES: June 4, 11, 25
July 9 and 16



DATES TO KNOW

General Membership Meeting: July 18, 2017
7:00 p.m.

Bloomin' Deals closures: July 4 and September 4

Fall Bag Day at Bloomin' Deals: October 7

Show your support for the
Junior League of New Orleans
and promote your business in
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Please call/e-mail **Zane Wilson** at **504-830-7246**
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Be Our Guest

By Kristin Durand

You're off on a long awaited trip to visit your favorite aunt and uncle in Atlanta. Or maybe your college roommate is finally coming to visit you in New Orleans. Whether you're playing the role of host or guest, you want to make the most out of the experience. Here are a few tips on how to be everyone's favorite host or houseguest.

Wilkommen! Bienvenue! Welcome!

When hosting friends or family, here are a few things you can do to ensure they have a wonderful visit.

First Impressions: Turn down the guest bed linens. Place a single gardenia cut from your garden in a vase by their bedside. And stock plenty of towels and toilet tissue in the guest washroom.

What's On: Everyone loves to "live like a local," so write a personalized list of your favorite spots in town for your guests to reference while they are in town. "I have a stock email of restaurants and other activities that I send to anyone coming to stay," said JLNO Active member, Ann Kirk Jacobs. "This email contains restaurant names, website links and my commentary on each. I find that most people come to New Orleans to eat and drink, so having a list like this on hand is always helpful."

Work/Life Balance: It's not always possible to take time off from work, so set aside at least one night to entertain your visitors. "I love to cook with guests, especially New Orleans favorites," said Liz Creel, former JLNO President and Sustainer and owner of Parkview Historic Hotel. "This gives us something to do that also breaks up the routine of going out for every meal, especially if they are with us for more than a night or two."

Bon Voyage!

When you're the house guest, make sure your host knows how much you appreciate their generosity.

First Impressions: A welcome gift is always appropriate. A bottle of wine is a favorite standby, but gifts with a local flair are especially thoughtful. NOLA themed suggestions include a box of pralines, a cookbook or even a jazz CD.



Past President Liz Creel at Parkview Historic Hotel
Photo provided by: Romero & Romero

Chipping In: The best houseguests leave nary a trace they were there. That means leaving your room tidy when you leave for the day, putting wet towels in a hamper (not left on the floor), and rinsing your dishes before placing them in the sink. And it never hurts to offer to make your host a cup of tea or walk their dog.

Extended Stay: We all know the saying about houseguests and fish. How do you avoid that dreaded trap? "I think it's most important to be a very easygoing guest," said Ann. "Whenever I visit any friends, I try to be as easygoing as possible. I always tell people that I don't need to be entertained all the time."

So pack your bags, change the sheets, bring your walking shoes and your appetite for fun. Summer is on its way, and this is your year to shine!

Chillin' Out this Summer in the Crescent City

Compiled by Jill Holland

There's a lot that's hot in our Crescent City this summer that will help you cool off and won't burn up your wallet. You may have already scoped out a thing or three already. Just in case you haven't (or are looking for some more ideas) here's a list of affordable happenings for children and families in the Big Easy.

The Audubon Institute

Audubon Zoo: Dinner and a Zoovie (+Cool Zoo/Gator Run)

6500 Magazine Street, New Orleans

June 30

July 14 and 28

Doors Open at 6:00pm

Cool Zoo/Gator Run, 6:00 p.m. – 8:00 p.m.

Movie will start after 8:00 p.m.

June 30: *The LEGO Batman Movie*

July 14: *Finding Dory*

July 28: *Trolls*

Audubon Zoo is hosting a summer movie series at the Capital One Stage inside the zoo! And extended hours for the Cool Zoo/Gator Run on these dates too! (Tickets to the water park for these extended hours are only available with purchase of ZOOvie tickets). ZOOvie tickets are \$6/person; ZOOvie + Cool Zoo/Gator Run tickets are \$12/person. Prices are for members and nonmembers alike. Children 2 and under are free. For more information about this event and to purchase tickets, go to AudubonNatureInstitute.org/zoovie *Movies TBD.*

Aquarium & Butterfly Garden and Insectarium: Go 4th on the River

Butterfly Garden & Insectarium

423 Canal Street, New Orleans (Aquarium address above)

Discount for June 30 – July 4

Hours 10:00 a.m. – 5:00 p.m.

Fireworks on the River at 9:00 p.m.

Enjoy a weekend of discounted admission to the Aquarium and Butterfly Garden & Insectarium – \$4 off per single adult or child ticket. And after a day exploring these Audubon attractions on July 4th, head to the [Woldenberg Riverfront Park](#) with your lawn chairs and picnic to grab a spot for the Dueling Barges Fireworks display! It is recommended to come early to grab a spot. The New Orleans Riverfront fills up quickly for this wonderful show that lights up the sky to music simultaneously broadcast on Magic 101.9 FM and WWL AM and FM radio. Be sure and bring your radio to get the full experience! Fireworks begin at 9 p.m.

CHATEAU SEW

2103 Magazine Street, New Orleans

Camp Four: June 19 -23; 9:00 a.m. – Noon

Camp Five: July 10 – 14; 9:00 a.m. – Noon

Chateau Sew is offering five summer camps for children ages 5 – 13. The classes vary from beginner to intermediate. Campers will learn how to use a sewing machine, read a pattern and hand stitch among other sewing skills, depending on their level of experience. In addition to the camps, Chateau Sew will also offer at least one weekend kids' craft or sewing workshop per month. Birthday party workshops are also available! For more information about the camps, upcoming workshops, and pricing, go to Chateausew.com or call (504) 533-9221 during business hours, Mon – Sat, 10:00 a.m. – 5:30 p.m. And for private parties, please call for dates and availability.



City Park

CITY PARK

Botanical Gardens

5 Victory Avenue, New Orleans

Open 7 days a week

Hours 10:00 a.m. – 5:00 p.m. (last entry at 4:00 p.m.)

Courtesy of The Helis Foundation, City Park offers free entry to its Botanical Gardens on Wednesdays for Louisiana residents. Individuals should show their LA identification to the cashier at the ticket desk in the Oscar J. Tolmas Building. All other days, admission is \$6/adult, \$3/child (ages 3-12), children under 3 are free. Friends of City Park have free admission.

Couturie Forest

1009 Harrison Avenue

Open 7 days a week during Daylight Hours

This City Park (almost) hidden gem is located on Harrison Avenue near the NOPD Stables. Couturie Forest offers a host of trails to explore, bird watching, Laborde Mountain (the highest elevation in New Orleans), and you may even spot an alligator! It is open during daylight hours and is free to the public.

Happy 3rd of July!

Goldring/Woldenberg Great Lawn (between the Botanical Gardens and the Peristyle)

Concessions begin at 5:00 p.m.

Performance 7:00 p.m.

Fireworks 9:00 p.m.

The Marine Corps Band New Orleans will perform patriotic music live at 7:00pm from the Peristyle facing the Goldring/Woldenberg Great Lawn. Come early with your picnics, blankets, and lawn chairs and grab a seat for this wonderful complimentary event that concludes with a fireworks finale at 9:00 p.m. (Concessions will sell food and drinks beginning at 5:00 p.m.).

Scavenger Hunt

If you are looking to explore City Park with your children, take a moment to print out the children's children's activities list and Scavenger Hunts at NewOrleansCityPark.com/in-the-park/just-for-kids.

For an up-to-date activities and events list, check out NewOrleansCityPark.com

RIVERTOWN: PLANETARIUM, SCIENCE CENTER AND SPACE STATION

2020 Fourth Street, Kenner

Open Saturdays to the public

Hours 11:00 a.m. – 3:00 p.m.

(Box Office opens at 10:45 a.m.; last tickets sold at 3:00 p.m.)

Kenner Planetarium & Megadome Cinema

A 50-foot domed screen and stadium seating allow the Planetarium to take visitors on adventures into space to learn about stars and planets, back to the future to discover facts about flying dinosaurs and on a musical journey with a laser show. And that's just the beginning! The schedule is updated each month and can be found at Kenner.la.us/pages/section_5_27.asp. Admission is \$6/adult, \$5/children & seniors; it includes entrance to the Science Center and Space Station.

July: Late Night Laser

In addition to the Saturday daytime laser attraction that runs year-round, "Late Night Laser" shows every Friday evening in July at 8:00 p.m. and 9:00 p.m. Bring your blankets and lawn-chairs, and setup to see this night-time laser show experience set to the music of bands like Led Zeppelin, Pink Floyd, U2 and Metallica (just to name a few). Concessions will be offered; no outside food or beverages. Tickets are \$5/person.



A replica of a NASA spaceship at the Kenner Planetarium and Megadome Cinema.
Photo provided by: Kenner Planetarium and Megadome Cinema.

Science Center and Space Station

At the Science Center, visitors can explore our earth's many facets including weather, bodies of water and living creatures (past and present) through hands-on, interactive exhibits. The Space Station launches guests into the world of NASA and space exploration with a full-sized model of the International Space Station and a timeline of space exploration's history leading up to the modern day. Exhibits are self-guided. Admission is included with purchase of Planetarium ticket. Admission to just the Science Center and Space Station is \$5/adult, \$4/senior (60+), \$3/child.

RIVERTOWN: HERITAGE PARK

2015 Fourth Street, Kenner (across from the Planetarium)

Rivertown: Kenner Leisure Service Summer Programs

Multiple Dates/Times

Ages 3 and up (Adult Classes/Workshops too)

The Kenner Leisure Service Summer Programs include a wide variety of activities and workshops from arts & crafts to athletics of all types as well as performing arts. Summer programs begin as early as age 3 and continue through ages 14+. There are parent and child classes available as well as adults classes (arts, crafts, dog obedience training, gardenings, and computers – just to name a few). *In addition to encompassing a wide range of interests, the classes, workshops, and activities for children and adults are very affordable and multiple date ranges are offered for many of the classes.* In fact, the list is so extensive that we cannot print them all here! **For more information, please visit kenner.recdesk.com and select "Forms and Documents," then select the "Summer Brochure."**

LONGUE VUE HOUSE & GARDENS

7 Bamboo Road, New Orleans

Open 7 days a week

Hours Mon – Sat, 10:00 a.m. – 5:00 p.m.; Sun, 1:00 p.m. – 5:00 p.m. LongueVue.com.

Longue Vue House & Gardens is a historic estate featuring a house museum and eight acres of gardens. It is a National Historic Landmark and hosts special events and programs that are open to the community. Docent-led tours are held every hour on the hour (the last tour is at 4:00 p.m.). Admission is \$12/adult, \$10/senior, \$8/child (11+), \$5/child (3-10). Children under 3 are free. AAM and AHS Members and Active Military are free with identification. Veterans are free on Veterans Day. *To inquire about the various membership levels and benefits, visit LongueVue.com/give/membership or call (504) 488-5488.*

Yoga in the Garden for Adults and Kids

June 18, 10:00 a.m. – 11:00 a.m.

July 16, 10:00 a.m. – 11:00 a.m.

August 20, 10:00 a.m. – 11:00 a.m.

In collaboration with Pilates and Yoga Loft and Project Peaceful Warriors, visit Longue Vue House and Gardens for an all-level, yoga session held in one of our tranquil garden spaces. Please arrive at 9:45 a.m. Class begins promptly at 10:00 a.m. Please bring your kids! At the same time, Project Peaceful Warriors will be teaching a kids yoga class in an adjacent garden space. Guests may tour of the gardens afterwards. \$10 suggested donation.

Kinder Garden

June 24, 9:30 a.m. – 10:30 a.m.

Play, learn, and grow in this hands-on class for curious children aged 18 months to 5 years and their accompanying adult. Get up close and personal with nature through age-appropriate activities such as seed planting, vegetable tasting, math and science activities, craft-making, stories and songs, digging for worms, and more in the Lucy C. Roussel Discovery Garden for chil-



Gardening tools used at Longue Vue House and Garden for the kid garden workshops. Courtesy of Longue Vue House and Garden.

dren. Sunshine only! Advance registration is not required. Program fee covers one child and one adult. \$8 members; \$10 for nonmembers; Siblings and additional adults discounted. Contact Lauren Rouatt at (504)293-4719 or Lrouatt@longuevue.com for information.

Mermaid Garden Workshop

July 6, 10:00 a.m. – 11:30 a.m.

Adults and children of all ages can join horticulture staff at Longue Vue and learn to create a terrarium for mermaids! Reservations required and space is limited. Program fee covers one adult, one child and one terrarium.

Annual Ice Cream Social

July 22, 10:00 a.m. – Noon

Longue Vue's annual Ice Cream Social invites families out for delicious ice cream courtesy of Creole Creamery, lawn games, bouncing in a bounce house and a pet adoption with Animal Rescue of New Orleans. Members* and children under 2 are free; \$8.50 nonmembers.

**One complimentary admission for individual members; two for member and guest members; four for family level and higher members. Membership card must be presented at gate for free admission.*

PRYTANIA THEATER

5339 Prytania Street, New Orleans

Kids Movie Series

Friday & Saturday mornings, 10:00 a.m.

June 9-10 through the end of July

The historic Prytania Theater is offering a summer movie series for kids! Friday and Saturday mornings at 10:00 a.m., beginning June 9 & 10, The Prytania will be screening a selection of classic and contemporary films. Movies you may find there this summer are E.T., The Wizard of Oz, Labyrinth, Cars 3, Secret Life of Pets, Lego Batman – just to name a few. Admission is \$6/person and includes popcorn and a drink. The schedule, along with information about season passes, will be available at the end of April. For up-to-date information, check out ThePrytania.com and follow The Prytania Theater on Facebook.



Summer Bodies

Inspiring Weight Loss Stories

By Michelle Craig

Around this time of year, many of us decide that we want our bodies to be beach-ready in time for summer. Deciding to work toward a beach-ready body and actually doing the work to get that body are two very different things. Several members of our organization have successfully lost 100 pounds or more by following various routines. Their stories are inspirational; they were motivated by life events and kept focused by following very different routines.

Ashley Brennan decided to make a change in June 2014 when her mother passed away after suffering from several conditions that stemmed from weight issues. To achieve her goal, Ashley joined the Ideal Protein program. The program is medically supervised and limits the amount of carbohydrates the participants eat. The program provides a coach and pre-packaged snacks. Ashley also completely changed her eating habits and learned to cook healthy. For exercise, she began working out every day and she participated, for the very first time last year, in the Crescent City Classic. Racing became a passion and since then she's participated in 20 races. Her efforts resulted in a weight loss of 130 pounds in a year in a half.

According to Ashley, weight loss is an everyday mental challenge. "The physical part is easiest," she said. "However, the mental part is much trickier," she said. "We live in New Orleans where everything is delicious." Because the fight to eat healthy here is so difficult, she uses prompts that remind her of her goal. She looks at her before and after pictures and pulls out some clothes that she kept from her highest weight to remind her of how far she's come. She also suggests having accountability partners. Ashley posted her journey on Facebook. The positive feedback that she received motivated her to continue her efforts.

Another League member, Susan Russell, had a similar story on her weight loss journey. Her journey to lose 70 pounds was a multi-year process. She started Weight Watchers in 2012 and successfully lost 60 pounds. After gaining some back over a couple of years, she started Ideal Protein in July 2016. With this program, she lost 42 pounds in five months. "Weight Watchers is good for more steady weight loss with more options for food," Susan said. "Ideal Protein is good for faster weight loss because it's a much more restricted diet."

Each Leaguer's journey has common themes and experiences. With regard to starting a regimen, the decision was very personal. The advice was to just jump in and do it and stop making excuses. Additionally, when making good food decisions, one member suggested focusing on eating right during the week so that a slip up on the weekend wasn't detrimental to the weight loss goals. Other tips included getting a support system, finding the routine that works for you and focusing on changing both exercise and eating habits. Susan said that she has a trick to maintaining her weight. "Have a trigger number on the scale," she said. "If it gets to that number, get it back under control."

Elijah Hogley, a personal trainer, who runs Bodytime Bootcamp also advised that the way to do it is to "get out there, push yourself and be consistent." He said, "The weight didn't happen overnight and it won't come off overnight; however, finding a routine that works for you and being persistent and consistent will get you the results you are looking for every time."

TOP LEFT: Ashley Brennan keeps these jeans as a reminder of the 100 pounds she shed this past year. *Photo by: Michelle Sens*

TOP RIGHT: Susan Russell after losing more than 70 pounds. *Photo provided by: Susan Russell.*

Nicole Eiden, co-owner of Windowsill Pies, prepares pie crusts for Paradigm Garden's "Pizza and Pies" event. Photo by: Lacy McManus



Where Are They Now?

2016 WE Fellows Windowsill Pies—One Year Later

by Lacy McManus

In 2016, JLNO embarked on a new initiative supporting the growing entrepreneurship sector in New Orleans and matching the extensive network of the Junior League with emerging women-owned businesses. Through this Woman Entrepreneur Fellowship, a host of innovative, creative and ambitious women-owned businesses competed in the first WE Pitch Competition during New Orleans Entrepreneur Week. While all participants demonstrated the breadth and depth of female ingenuity in entrepreneurship,

there was one winner who took the cake—or in this case, the pie. After wowing judges and audience members with their business plan and tantalizing concoctions, Marielle Dupre and Nicole Eiden took their pie-baking business, Windowsill Pies, from pitch to fellowship.

Working with the WE Fellowship committee, Marielle and Nicole were able to not only enhance the visibility and network of their brand, but also further key business elements. As Amanda Goldman, WE Fellowship Committee



Co-Founders Marielle Dupre and Nicole Eiden of Windowsill Pies speak to the audience of NOEW about their unique and delicious pies. Photo by: Evie Hunnicutt

Chair, said, “The WE Fellowship experience benefited Windowsill in a variety of ways – the business gained more exposure through winning the Pitch at NOEW and through its feature in *Lagniappe*. Windowsill used the cash prize towards a commercial oven, and the mentorship meetings put Nicole and Marielle in touch with a network of business owners who dispensed invaluable advice on how they could move their business forward.”

Nicole underscored this point further, noting that perhaps the greatest benefit of the WE Fellowship was their ability to advance their federal trademark application, which was just recently approved after nearly a year. Working with the JLNO committee, Nicole and Marielle were connected to the pro-bono legal services of the Chaffe McCall law firm who guided Windowsill Pies through the daunting process. For Windowsill Pies, completing the application wouldn’t have been possible without JLNO’s support. Nicole said, “We would have put it on the back burner and it would probably bitten us in the end.”

In addition to this technical assistance, Nicole and Marielle benefitted from a range of mentorship meetings as well. Amanda said, “We initially met with Windowsill Pies to determine their needs as our WE Fellow. Windowsill Pies initially expressed its interest in scaling its business as a wine and dessert shop. We arranged various mentorship meetings with business owners who provided practical advice from operating stores, accounting and payroll tips, and web design.” As a result of this early assessment, the WE Fellowship committee arranged a particularly memorable meeting for Nicole and Marielle: a four-hour conversation with Jean Stickney, mother of JLNO Active member Rachel Stickney and owner of Praline’s by Jean. Nicole said, “She [Jean] was just so lovely, she talked to us for like four hours and had some great advice.”

Nicole and Marielle are looking forward to their final mentorship meeting through JLNO with the Pelican Club, and are also planning to take advantage of the web design assistance provided through their \$2,500 technology grant as part of the WE Fellowship. And though these opportunities in and of themselves are transformative for Windowsill Pies, the exposure and visibility over the past year has created significant returns as well: from the cover story on the *Lagniappe* last year, Nicole and Marielle were featured in *New Orleans Magazine* “People to Watch” list and were contestants on a cooking show where they won a \$10,000 cash prize.

But despite the extraordinary successes and benchmarks over the past year of the WE Fellowship, Nicole maintains that it is the greatest impacts are the most difficult to track. “It is important to have tangible results—it can’t all be in name only—but some of the best parts are the credibility that winning provides you and having people know about you,” Nicole said. Additionally, the WE Fellowship provided Windowsill Pies with a nuts and bolts understanding of business—clarifying how things work and “demystifying the funding process,” Nicole said. This is especially critical as Windowsill Pies moves towards its ultimate goal of opening their own shop. Nicole said, “When we open our shop we won’t be opening cold—people will know about us. That gives me the confidence to take this risk.”

While Nicole and Marielle continue to work toward a brick and mortar shop—and fans of their pies eagerly await the new establishment—they are equally as excited to see what’s in store for the next WE Fellowship recipient. As a personal friend of this year’s winner, Becky Wasden of Two Girls One Shuck, Nicole is looking forward to seeing where the WE Fellowship can take this new business. “She [Becky] has done so much in a year—it’s going to be really awesome for her!” Nicole said.



Photo by: Jessica Bachmann

Aw, Shucks, Some Lovely Lady Shuckers!

Two Girls One Shuck is JLNO's 2017
WE Fellowship Winner

By Amber B. Barlow

Two Girls One Shuck is a full amenities traveling oyster bar. Their catering company provides raw and chargrilled oysters at the location of your choice. The team of lovely lady shuckers share their oyster love all over the city, while supporting regional seafood in New Orleans.

The business idea hatched at a backyard party in November 2013 when founders Becky Wasden and Stefani Sell were shucking oysters at a friend's 50th birthday party. It was Becky's very first time shucking oysters but the love for shucking was instant. A group of friends crowded around the table where Stefani and Becky were busy shucking and someone said, "Two girls shucking oysters? This is great! Where's your tip jar?" Becky jokingly said, "Oh, yeah? Two Girls One Shuck.... no wait... Two Girls One Shuck!" Of course, everyone erupted in laughter and what started as a silly joke at a birthday party became the start of an amazing business venture for the two.

In September 2014, Becky finally filed the LLC. She had just completed her Master of Education Technology and was destined to take on a very stressful job in education. She had never opened or run a business before, but she decided to take a chance. She thought, "Could this really be a viable business?" but that did not stop her, it only determined her. She quit her day job and put everything she had (financially, emotionally and socially) into oysters!!! Becky said, "It has been the scariest, craziest and most fulfilling three years of my work life."

Two Girls One Shuck is unique for several reasons. First, the company is all women-owned and operated, which is rare in the oyster industry both locally and globally. The company always provides two lovely lady shuckers at every event to help reduce wait time at the oyster bar and create a fun, convivial atmosphere for guests. The ladies clean shuck (not speed shuck) to ensure the beauty of nature's most

bodacious bivalve is preserved providing absolutely everything needed for the clients in the company's catering services, including oyster shell recycling. Two Girls One Shuck takes the shells after every event and recycles them with the Coalition to Restore Coastal Louisiana who use the shells to restore oyster reefs and create marshland protection.

Two Girls One Shuck proudly hires vibrant, talented and hard working women who love to get their hands dirty! Shucking oysters is a difficult job that Two Girls One Shuck makes look easy. The lady shuckers love representing skilled and empowered women of all fields and traits with radiant show(wo)manship, especially when doing a job that is traditionally taken on by men. The company enriches the lives of their employees through high-wage earnings and respectful consideration of their outside lives. The lady shuckers are software developers, teachers, mothers, bartenders, students, chefs and so, so much more.

"Another great tier to the company is the interaction and enjoyment of sharing oysters with other women," Becky said. "It is an unexpected and wonderful part of promoting the wellbeing of women: particularly because oysters are such a natural superfood. So healthy and so good for you!"

The Junior League of New Orleans focuses on advancing the wellbeing of women, and one way to do so is by increasing women's business opportunities, which also improves the overall local economy. The Woman Entrepreneur Fellowship cultivates entrepreneurial success by giving access to mentors and advisors through JLNO's membership of a diverse, professional cadre. The yearlong program supports a female business owner with mentoring and in-kind services, such as legal/human resources, accounting/financial analysis, investor development, marketing/communications, and management/organizational consulting. Last year's winners were Nicole



Becky Wasden of Two Girls One Shuck serving up fresh oysters to Frank Brightsen and Andrew Rowland at Paradigm Gardens.
Photo by: Jessica Bachmann

Eiden and Marielle Dupre from Windowsill Pies, and their story was a huge inspiration for Becky to get involved with the WE Fellowship.

“It wasn’t until my dear friends Nicole Eiden and Marielle Dupre from Windowsill Pies applied for the WE Fellowship last year that I started to pay attention and research what Junior League of New Orleans was all about,” Becky said. “I attended their pitch presentation last year, and sat in the audience in complete awe. I didn’t know things like New Orleans Entrepreneur Week existed, let alone a fellowship that supported women owned businesses! I was very emotional when they won last year and remember thinking, ‘I want my business to be grown up enough to stand up on that stage....!’” This was a goal that Becky set for herself and Two Girls One Shuck.

JLNO was proud to award the 2017 WE Fellowship to Two Girls One Shuck. “I can’t express my gratitude and pride for being selected as this year’s WE Fellowship representative. It’s truly a dream come true,” said Becky.

Two Girls One Shuck is currently growing at a rapid pace as word-of-mouth, visual exposure and opportunities ignite the excitement for the company’s services around the city. In fact, the company is preparing to hire two of their lady shuckers into full time positions (called Oyster Wranglers!) and is currently starting a new cohort of lady shucker training with 10 more amazing women who have reached out unsolicited with resumes and messages, hoping for a chance to become one of the lady shuckers.

“This fellowship will help me with very critical areas where I am not well-versed such as accounting, marketing and legal mentorships. By learning how to best apply these knowledge-based attributes to my business, I know the positive impact will be setting up my company for long-term success. The exposure through the Junior League has already brought us new clients we may not have reached before! I’m so thrilled to cultivate more relationships with the Junior League members throughout this year and beyond,” said Becky.



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Pre-View Party
Wed, October 11 6-8pm

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Luncheon
Thurs, October 12
11:30am – 1:30pm

Enjoy a 3-Course Lunch with Wine Seated at one of the Elaborately Decorated Tables

– Seating is very limited!

100%
 of all ticket sales
 and proceeds will
 benefit **Bastion**



[bastion] a 501(c)(3) nonprofit organization, is an intentionally designed neighborhood in New Orleans for returning warriors with lifelong rehabilitative needs and their families. The community is designed to foster informal neighboring and enduring relationships.

The Scout Guide Celebrates Five Years in New Orleans

By Autumn Town

For those of you who haven't heard of *The Scout Guide*, you are missing out on an invaluable, local resource. A publication "dedicated to living beautifully, living well and living like an insider," TSG was founded in 2010 by Susie Matheson and Christy Ford. Originally envisioned as city guide dedicated to Charlottesville, Va., TSG has since expanded nationwide, with guides in more than 60 cities. TSG features outstanding independently owned businesses, and connects its readers with tastemakers and entrepreneurs in each city. With a focus on small business advocacy, TSG also curates a network to "help you enhance your life, elevate your surroundings and enjoy your community to the fullest." TSG offers not only a print guide that can be found at Scouted locations, but also a significant online presence for each city, found through thescoutguide.com.

This year New Orleans celebrates five years of TSG with editor Taylor Morgan, a sixth-generation New Orleanian who is also a Junior League of New Orleans Active member. Since its introduction, more than 145 businesses have been featured, with photographs taken by local photographer Sara Essex-Bradley. In addition to Taylor, the TSG New Orleans network includes other League members like Pamela Bryan (Octavia Art Gallery) and Lynn Morgan (Lynn Morgan Realtor). TSG's goal of promoting locally-owned, small businesses dovetails with the League's focus on advancing the wellbeing of women. This includes improving economic opportunities for women and supporting women's potential to seize those opportunities by focusing on volunteering



and training in order to advocate for women-owned businesses throughout New Orleans. Taylor is proud that the "guide not only emphasizes the importance of 'buying local' but demonstrates how investing in local businesses pumps money back into the local community."

Founded in 2008, Octavia Art Gallery, located at 454 Julia Street in the Warehouse District, aims "to showcase the work of national and

international emerging and established contemporary artists along with modern masters, emphasizing the preservation and conservation of unique and authentic artistic cultures worldwide." Owner Pamela Bryan is passionate about preserving the art, architecture and culture of New Orleans, working with Longue Vue House and Gardens and the Preservation Resource Center before opening her own gallery.

Lynn Morgan believes that “a home is not a home because of its room dimensions or the color of the walls,” but rather how you feel when you walk through the front door. Boasting more than 30 years of experience, she specializes in the Uptown, Garden District, Old Metairie, Warehouse District and Lakeview areas of Greater New Orleans. Using the latest technologies, market research and business strategies, Lynn’s philosophy is “clients come first.”

“Whether it is a potential client looking for an expert or local businesses partnering or collaborating, I am most proud to facilitate connections within my community,” said Taylor. So whether you’re looking for local resources, new connections or simply seeking inspiration, The Scout Guide connects you to the experts and experiences you need to live well!



OPPOSITE PAGE: The Scout Guide New Orleans Editor, Taylor Morgan, celebrates the magazine’s five year presence in the city. *Photo provided by: Taylor Morgan*

ABOVE: Octavia Art Gallery, owned by Junior League of New Orleans sustainer Pam Bryan and previously featured in The Scout Guide New Orleans.

Photo by: Jessica Whitworth

LEFT: Sprout and Press, an organic cafe owned by chef Kim Nguyen and located in the Freret corridor, has appeared in The Scout Guide New Orleans.

Photo by: Jessica Whitworth

JLNO Welcomes its 2017-18 Board of Directors

Board Member Profiles by Carrie Moulder

Board Member Photos by: Jessica Bachman

June 1 marks the transition to a new League year, and the Junior League of New Orleans is excited to introduce its 2017-2018 Board of Directors. The JLNO strives to make a difference in the community by promoting the potential of women through voluntarism and leadership development. The organization chooses its Board of Directors from its membership of more than 2,200 professional, compassionate women, who then lead the organization for a 12-month term. The Board

is responsible for governance and management, and ensuring the League's adherence to the Junior League mission, vision and strategic plan. "I am honored to work alongside the amazing women who comprise our Board of Directors," said Kristen Cocke Koppel, 2017-2018 President. "I am looking forward to what we can accomplish when we combine our passion for voluntarism with our skills and expertise."

As a group, the Board will set goals and policies which respect JLNO's 93-year legacy and enhance the effectiveness of the League's programs in the future. It ensures that the League has adequate resources to fulfill its mission and goals and executes prudent financial oversight, ensuring appropriate financial controls are in place and that the League responsibly budgets, invests and uses the funds at its disposal. While maintaining compliance with all legal regulations and ethical standards, the Board remains accountable to the community and operates for the public good.



Photo by: Norris Gagnet

The 2017-18 JLNO Board of Directors.

From left: Skye Sturlese Fantaci, Heather Millican Doyle, Shannon Hickey Sarrat, Lesley Norwood Davis, Courtney Perschall Nalty, Kristen Cocke Koppel, Holly Adkins Paczak, Alice Franz Glenn, Shannon Stover Zink, Kristin Van Hook Moore and Anna Dearmon Kornick.
Not pictured: Sally Suthon and Emily Eskew Schaumburg

Kristen Cocke Koppel

President



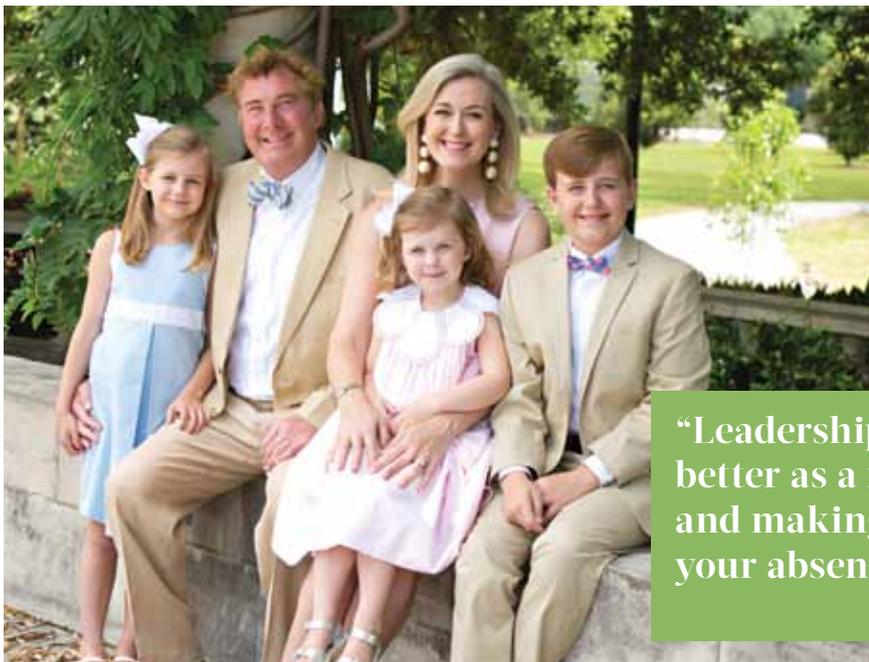
As the organization's President, Kristen Cocke Koppel leads the 2017-2018 League Year for the Junior League of New Orleans. She provides responsible and effective guidance for the Board of Directors and staff in addition to presiding over meetings of the Board, Joint Council, and General Membership and serving as the organization's official spokesperson. With enthusiasm for improvement, she assists the Board in confirming goals and tasks at the beginning of each year and in evaluating and recommending paths for the future.

As a member for more than 11 years, most of Kristen's JLNO experience has been on the Community and Planning & Development councils. She previously served on the Board as the Communications Council Director, where she oversaw the organization's communications, including publications, public relations, advertising, social media and archives. She has taken the training aspect of JLNO's mission to heart and has focused her efforts on learning how a nonprofit operates and how it can best improve the community. The placements that have allowed her to learn the most about JLNO were Project Evaluation Chair, Project Development Chair, and Fundraiser Evaluation and Steering Chair. These provided valuable feedback to the Board but also allowed members to give their input on the current and future projects. She enjoys helping JLNO constantly evolve with new ideas and bringing members together.

Originally from Fairhope, Alabama, Kristen now resides in Uptown New Orleans with her husband Woody Koppel and their three children: George (10), Elizabeth "Bitsy" (8) and Charlotte (4). Her grandmother, Elizabeth "Betty" Collins Driscoll, is her greatest inspiration. She instilled in Kristen a desire to always give back and think of others. She grew up watching Betty volunteer in the local schools, church

and hospital. One of Betty's many talents is needlepoint and sewing. Many years ago, she noticed that premature babies in the local hospital needed caps to fit their tiny heads, so she began knitting hats for all the babies in the NICU. It was just one of the many ways Kristen's grandmother gave back over the years. At 94 years old, she continues to amaze with her energy and commitment to many organizations for which she continues to volunteer.

Kristen has developed her professional career through positions that require an attention to detail, exceptional listening skills and expert client service. After graduating from College of Charleston, in Charleston, S.C. with a Bachelor of Science degree in Marketing and Management, Kristen gained hospitality, recruiting and academic experience. She currently works as a Real Estate agent for Valmont Realtors and manages the rental portfolio for Valmont Properties. In addition to her career and service to JLNO, Kristen also volunteers for nonprofits whose missions are to help and educate children. This includes the Louisiana Children's Museum, Children's Hospital, Hermann-Grima, Longue Vue House and Gardens, and her children's schools, Lusher Elementary and Les Enfants at Trinity Episcopal School. She enjoys snow skiing, exercising, gluten-free cooking and traveling with her family.



“Leadership is about making others better as a result of your presence and making sure the impact lasts in your absence.”

- Sheryl Sandberg



Board Member Profile

Alice Franz Glenn

President-Elect

Alice Franz Glenn begins a two-year period on the board as the President-elect. During her first year (2017-2018), she assists the President in her duties as Chief Executive Officer of the Junior League of New Orleans and will assume those responsibilities if the President is unable to serve during the course of her term. Alice will become JLNO's President for the 2018-2019 League year that begins June 1, 2018. At its core, JLNO is a training organization and this two-year term is an extraordinary opportunity for Alice to prepare and thoughtfully organize, ensuring that her tenure maximizes community impact. During the President-elect year, Alice will study JLNO's governance documents, policies, procedures and best practices and then take up the mantle of previous leaders to ensure a sustainable and impactful future. Combining her professional background with this League expertise will allow her to facilitate the accomplishment of remarkable outcomes.

Since her 2009 Provisional year, Alice has held diverse leadership positions on three councils – Planning & Development, Community and Membership. Her

professional experience drew her to be JLNO's Development Chair. She succeeded that position by promoting voluntarism with other organizations on the Community Shift committee and guiding JLNO's newest members as Vice-Chair and Chair of the Provisional committee. One of her favorite ways to serve JLNO and the community is through Edible Schoolyard, a school-based program that teaches children to make healthy connections through food. She loves volunteering at the school's open garden days, so much so that she ended up chairing their fundraiser, An Edible Evening, in 2015.

Alice believes that advocacy and voluntarism are the two most impactful means to effect change. As such, she is the owner of Glenn & Associates, LLC, specializing in strategic philanthropy and government relations consulting for businesses, individuals, families, foundations and non-profit organizations. She currently serves as a legislative aide to Louisiana House of Representatives Speaker Pro Tempore Walt Leger and works with several local organizations on fundraising operations, board management and strategic planning. Throughout her 15 year career, Alice has worked with political candidates, government officials and organizations such as the United Way, Loyola University of New Orleans and the Louisiana Restaurant Association.

Other than New Orleans, Alice has lived in Houma, La. and Jackson, Miss. She graduated from Millsaps College and received a Master's degree from Tulane University. She currently lives Uptown with her husband Brodie, who is an attorney for Baldwin Haspel Burke Mayer and their daughter Reese (1). Brodie and Alice enjoy fishing, snow skiing and travelling. Alice treasures her morning walks with Reese in Audubon Park. She is constantly inspired by people all around her and tries to learn from everyone she meets.

“We should not be held back from pursuing our full talents, from contributing what we could contribute to society, because we fit into a certain mold...”

- Ruth Bader Ginsburg



Courtney Perschall Nalty

Secretary to the Board



Courtney Perschall Nalty serves as the Secretary to the Board of Directors of the Junior League of New Orleans. In this position, she manages the official record of the League year, including meeting agendas and minutes, functions as Parliamentarian at Board, Joint Council and General Membership meetings, and provides guidance on and ensures adherence to the organization's governance documents, which include Bylaws, Standing Rules, Policies and Procedures. Courtney's attention to detail, strong organizational skills, patience and objectivity give her the capacity to be the Chair of the Standards Committee. She works with other members and staff to maintain membership information and address member requirements. She hopes to create a Junior League that her daughter will be proud to join in 20-plus years and to teach others that JLNO is a volunteer organization for the betterment of the community first.

In her more than 10 years in JLNO, Courtney has served in leadership roles in nearly every aspect of JLNO. She started with one of JLNO's fundraisers, Kitchen Tour, and participated in three community projects, including Power Ties, Senior League, Education Support Services and Community Assistance Fund. Most recently, she has focused on governance and organization as Communications Council Secretary and a member of the Nominating Committee. This helped her understand how the League is structured, what processes and procedures help run

efficient committees, and what leaders can do to ensure positive community impact and member satisfaction. Through volunteering, Courtney has made cherished friendships and learned from her fellow members.

Courtney provides essential project management support for the clients of Foster Strategy. Having joined the company in early 2017, she spent the prior 11 years in marketing and operations for Lambeth House – a New Orleans retirement community – most recently serving as Foundation Director. In this role, she conceptualized new development strategies, presided over a 16-member board and managed all facets of fund development and allocation. Courtney also held the positions of Marketing Director and Lifestyle Coordinator, giving her a depth of perspective in brand positioning, sales and consumer relations.

Originally from New Orleans, Courtney attended Louise S. McGehee School for 14 years and graduated from Virginia Tech. She enjoys reading, exercising, playing tennis, ballet, watching classic movies on TCM, music festivals and hanging out with her husband Will and children, Peter (5), Benjamin (4) and Rebecca (2). She also has a passion for travel and has been to 47 states and seven countries. She gains inspiration from her mother and children. Her mother "did it all," raising four kids, volunteering for all of the schools' extra-curricular activities, JLNO and many other things. Now that she is a mom, she is in awe of how her mother was able to do it. Courtney's children's innocence, positive outlook and excitement about life each day are reminders to live in the moment and just enjoy the ride!



"Far away there in the sunshine are my highest aspirations. I may not reach them but I can look up and see their beauty, believe in them and try to follow them."

- Louisa May Alcott



Board Member Profile

Shannon Hickey Sarrat

Treasurer

In her second consecutive year on the Board of Directors for the Junior League of New Orleans, Shannon Hickey Sarrat has assumed the Treasurer role. Her expertise in financial processes allows her to make recommendations to the Board on fiscal planning, accounting policies and sound governance and then assist in their implementation. By collaborating with others in the organization, Shannon is committed to ensuring all committees stay on budget and that monies are not wasted. This focus will ensure JLNO invests as much money as possible in the community.

Shannon's Junior League positions include Chair on the Community Assistance Fund Grant committee, where she examined requests for funding from nonprofit agencies in Metropolitan New Orleans seeking to advance the wellbeing of women. Prior to that, she served as the Treasurer for several councils and on the Kitchen Tour fundraising committee. Since joining JLNO in 2008, Shannon has participated in all the financial aspects of a nonprofit organization, from earning financial support to analyzing and approving community impact, mission and operational expenditures. JLNO has provided her the opportunity to become a better leader through collaboration. By coming to respect and embrace the different ways in which everyone thinks and works, she has been able to grow as a person and appreciate others' perspectives and talents.

What she enjoys most about her Junior League service is being able to give back to the community, learn about all the amazing programs our city has to offer, and set an altruistic example for her kids. For the past two years, she has brought her children to Diaper Bank's MLK Day of Service so they could contribute their time and energy to help those less fortunate.

Shannon graduated with a marketing degree from Louisiana State University and an MBA from University of New Orleans. After a decade in various capacities at JPMorgan Chase Bank, Shannon currently works as the Vice President of Support Services for Cash Flow Resources, which provides funding, accounting and consulting to small businesses and entrepreneurs. Her work experience has provided her with a wealth of knowledge in business development and underwriting.

Outside of career and volunteer service, Shannon enjoys traveling, playing tennis and spending time with her family. She is not just a "city girl." Growing up, she would spend a month each summer on her grandparent's farm in Tennessee fishing, riding four-wheelers and planting. Her parents moved there in their retirement, so her children are able to enjoy the same experiences as she did growing up.

Residing in Lakeview, Shannon and her husband, Scott, a corporate banker at Regions Bank, are the parents to three children – Thomas (10), Claire (9) and Andrew (5). The person that inspires Shannon the most is her mother because she has always been able to keep a positive attitude and remember the truly important things through all her challenges in life.



“How do we change the world? One random act of kindness at a time.”

- Morgan Freeman

Emily Eskew Schaumburg

Assistant Treasurer



Louisiana native Emily Eskew Schaumburg is serving as the Assistant Treasurer for the Junior League of New Orleans. Her Board of Directors term will be for two years as she oversees the financial affairs of the organization, including reviewing and approving the League's operating budget and authorizing purchases. Insight and expertise gained through her accounting career enable her to make recommendations on the organization's policies, strategic goals and governance documents as they relate to financial matters.

Since joining JLNO in 2009, Emily has served as treasurer for several councils and on the Community Council assisting with the implementation of JLNO's community projects. She has enjoyed seeing the profound impact that can be made when people work together. She volunteered for the KaBOOM! playground build during one of her early Active years. Despite the cold, the group made it a fun and memorable experience, and she walked away amazed

at what they accomplished for families in just one short day. Her service to the Junior League has taught her awareness, compassion, respect, gratitude and empowerment. JLNO has made her realize that she can be a catalyst for positive change and part of an agency that can help

to make someone's life better in her community. That is a magical message to build self-worth.

Emily is originally from Jennings, La., and graduated from Louisiana State University with both a Bachelor of Science and Master of Science in Accounting. She is a Certified Public Accountant and works as a Senior Tax Specialist, Financial Reporting for Income Taxes for Entergy Services, Inc. She manages tax accounting for designated subsidiaries of Entergy, including current and deferred tax calculations on a monthly basis. She also reviews federal and state income tax returns as necessary to identify and book any adjustments, assesses changes in tax legislation and assists in development of plans to implement such changes, and works closely with tax counsel to plan and implement strategies, including mergers, acquisitions and reorganizations among the business units.

When not working or volunteering, Emily enjoys being outside, boating, running, listening to live music, reading, cooking, experiencing New Orleans restaurants and culture, and chasing around twin preschoolers. Emily and her husband Kris are the parents to four-year-olds, Margaret and Quinn. She grew up in the country, and her family had farm animals. Showing sheep and pigs in 4-H taught her important lessons as an adolescent, most significantly how to work toward a goal and realize the results. Emily's parents inspire her by continuously showing her how diligence and patience can create the life you desire. They raised three children in the country outside of a very small town. All three of their children have branched out to different parts of the state (and neighboring Texas) to fulfill their dreams. They worked so hard to raise their kids and pay off their debts and are now truly living the "good life" travelling and spending time with their seven grandchildren.

"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."

- Brian Herbert





Board Member Profile

Anna Dearmon Kornick

Communications Council Director

Anna Dearmon Kornick coordinates and disseminates information about the Junior League of New Orleans as the Communications Council Director on the organization's Board of Directors. During her year as Communications Council Director, she hopes to extend JLNO's communications offerings, creating unified messaging and marketing materials to effectively share its story with prospective members, donors and the community. Anna combines her strong management and communication skills with her professional experience in public relations to oversee promotion of JLNO's events, businesses and community projects via traditional advertising, social media, press releases, the Lagniappe magazine and the organization's website. Working closely with the President, Board Members, committee chairs and staff, Anna reviews all print and digital materials and provides guidance on additional opportunities to extend JLNO's influence.

When Anna joined the Junior League of Baton Rouge six years ago, she could not have imagined the path her League experience would take. She is grateful for the friendships and lessons learned while serving as Special Events Chair and Promotions Assistant on the JLBR Hollydays Committee and will never forget how nervous she was before her first WBRZ-TV live morning show interview from the RiverCenter. Since transferring to JLNO in 2014, Anna has served as Public Relations Chair and played a key role in developing JLNO's messaging and increasing the media's awareness of

JLNO's positive community impact. She has learned about perspective, how often more than one right way exists, and that we must think creatively to address our challenges.

Anna is a communication strategist with a passion for building relationships, establishing order in crises, and above all, living Louisiana to the fullest. She has served as chief spokesperson for cabinet-level officials, a Lt. Governor and a U.S. Congressman. She's leveraged her experience in top state government communications roles to develop and execute strategies for clients in the midst of crisis and led public relations and governmental affairs for clients in the manufacturing, oil and gas, health care and higher education sectors. Always looking for a challenge, she's managed numerous disaster situations and has worked through hurricanes, floods, droughts, controversial legislative sessions and financial crises. Anna channels her creativity and love of details into her small business, The Welcome Note, offering bespoke calligraphy and custom hand lettering for brides and special events.

Originally from Winnfield, La., Anna received a Bachelor of Arts in Mass Communication from Louisiana State University. Her free time is spent working in her businesses, practicing yoga and spending time with her husband, Scott, and their Yorkshire Terrier, Penelope. Anna loves experiencing all that Louisiana has to offer via fairs, festivals, food, culture, history and politics.

Anna's mother is a huge inspiration to her. As a teacher for 30 years – of mostly middle schoolers – she has taught countless children so much more than math and English. She's gone above and beyond to share life lessons with her students, counsels them through tough times and even mentors new teachers. Anna is so grateful to her mother for always encouraging her to work hard to achieve her goals – and for all of her help along the way.



“Imagination is more important than knowledge.”

- Albert Einstein

Holly Adkins Paczak

Community Council Director



Since joining the Junior League of New Orleans in 2007, Holly Adkins Paczak has cultivated an understanding of community projects that make her well-suited for the Community Council Director of the Junior League of New Orleans. She will coordinate, develop and maintain JLNO programs that further the organization's mission and focus area of Advancing the Wellbeing of Women. While she has served primarily on JLNO's Community Council, her time as Vice-Chair for the Project Evaluation Committee provided a deeper understanding of our projects from the members' perspectives. While serving on the Board, she hopes to facilitate growth in a way that enhances our members' involvement and experience while supporting and servicing our community partners.

Holly spent three years on the Judgement Call Committee and one year each on the Education Support Services, Freret Neighborhood and Rebuilding Together committees. All of these provided her the opportunity to engage in community service and build relationships. She has worked with children and families from all walks of life, giving them experiences and assistance to place the next block in the foundation of their life. As a training organization, JLNO provided Holly with skills that she wouldn't necessarily have learned elsewhere. From using technology to planning finances

“Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can.”

- John Wesley

and budgets to managing teams and resources, she consistently gleans nuggets of knowledge from any JLNO interaction. Community shifts, committee meetings, joint council and general membership meetings all provide a never-ending opportunity to connect with talented, creative and determined women.

Working at the LSU Health Sciences Human Development Center, Holly is a Project Coordinator for the Teams Intervening to Reach all Students (TIERS) Group. She is a school psychologist, but her daily work involves technical assistance, coaching, and direct support to schools and school districts to improve academic and behavioral systems, supports and interventions. She helps in the support and learning of the adults, so that students have better outcomes. She has worked for two national technical assistance centers funded by the United States Office of Special Education Programs – the National Center on Special Education Accountability Monitoring and the Data Accountability Center – and as a consultant in Alaska, Illinois, Minnesota, Mississippi and Tennessee as well as in Milwaukee Public Schools and Seattle Public Schools. While in Alaska, she worked with two remote schools on St. Lawrence Island in the Bering Sea. In addition, Holly has made presentations at national, state and local levels on multi-tiered systems of support and positive behavioral interventions and support.

As a student at Mississippi State University, Holly received a Bachelor of Science in Educational Psychology, a Master of Science in School Psychology and an Education Specialist in School Psychology. Her Ed.S. degree included a one year internship in the Recovery School District, which is how she moved to New Orleans.

Holly spends her free time reading, from fiction to biographies, industrial organization to technology, education to social science. She also enjoys traveling with her husband, Brad, and daughter Helena (3). Both of her grandmothers inspire her and embody the spirit of ingenuity and perseverance. They were in charge of families and pursued educational and career opportunities at a time when women primarily served in the home. They exemplified service to their community, love of family and friends, determination, and contentment.





Board Member Profile

Lesley Norwood Davis

Membership Council Director

Lesley Norwood Davis is ensuring meaningful volunteer experiences for more than 2,200 women as the Membership Council Director for the Junior League of New Orleans Board of Directors. This role enables Lesley to utilize her cultivated relationship building and communications skills to develop members to their greatest potential. In addition to supporting membership morale and recognition, she oversees the committees that design leadership and training opportunities. Her work often entails providing a forum for discussing and brainstorming initiatives and policies related to member satisfaction. Lesley also relays information and makes strategic planning suggestions to the Board in the areas of Provisional education, Active placement, Sustainer engagement, volunteer opportunities, retention, standards and training.

Having joined JLNO in 2009, Lesley has split her service between the Planning & Development and Membership Councils. Lesley has most recently shared the responsibility of educating and acclimating the newest – or Provisional – JLNO members. She has helped guide women through their first year within the organization, helping them understand the volunteer and training opportunities available to them as well as the many ways they can connect with others. She loves that 2,200 diverse women can come together to help the metro area. She's met so many women with many different backgrounds, political views, careers, lifestyles and hobbies, but they are all passionate about giving back and advancing the wellbeing of women. Being a member of JLNO is an immediate bond, and the positive community impact is tremendous. When Lesley is volunteering at Bloomin' Deals Thrift Shop, the Diaper Bank or any other project or partner location, she remembers that her time there contributes to the League volunteering 45,000 hours and investing \$600,000 in Metropolitan New Orleans.

Lesley is from Brandon, Miss., and received a Bachelor of Science in Communications from Mississippi University for Women. She currently works as the Marketing Coordinator for Vinson Guard Service, Inc., a company delivering uniformed security services in six states with headquarters in New Orleans. She delivers content marketing, brand strategy and oversight, digital marketing, public relations materials, and general support regarding strategic decisions. She previously held communications positions at construction and engineering firms. Her hobbies include playing tennis, which she's done since she was 12-years-old and on her university's team. She also enjoys softball and discovering new places and events that New Orleans has to offer.

In June 2006, Lesley moved to New Orleans with a temp job,

knowing no one. Now, Lesley lives in Lakeview with her husband, Ross, and their two pets – Minnie, a three-year-old pitbull mix, and Graham, a cantankerous 10-year-old cat. All the women in her family inspire Lesley. Her MeMaw never spoke an ill word of anyone and was truly content in the everyday “little things.” Lesley's mother is one of the kindest and most mentally strong women she's ever encountered. Her sister, who is ten years older, is such a selfless person who offers so much support. She wishes she could be everything that these three women are and were.

“Whether you think you can, or you think you can't – you're right.”

–Henry Ford





Shannon Stover Zink

Planning & Development Council Director

Shannon Stover Zink is serving as the Planning & Development Director for the Junior League of New Orleans Board of Directors. In this position, she utilizes her forward-thinking capability to advise the Board on long-range planning and integrate the Strategic Plan into everyday operations and planning. She cultivates funding sources outside of JLNO's single event fundraisers and Bloomin' Deals Thrift Shop and leads the volunteer team that reviews and formulates JLNO's strategic plan, partnerships, community projects and fundraisers.

After joining JLNO in 2006, Shannon has served on the Community and Membership councils, but she's spent half her tenure in Planning & Development Council positions. She most recently chaired the Strategic Planning Committee, which sets overarching goals to ensure seamless transitions from one Board of Directors to another while JLNO leaders work toward long-term financial sustainability and continued success. The Strategic Plan takes into account both the evolving needs of our community-at-large and

"Carpe Diem" (Seize the Day)

those of our individual JLNO volunteers. Shannon is able to analyze data, take initiative, learn quickly, develop ideas and build consensus toward specified objectives. She loves that JLNO is a group of women coming together to make our community a better place. She appreciates being able to get involved, make a difference, and elicit change with people from diverse backgrounds. The JLNO experience that sticks out most in her mind is the KABOOM! project from the 2009-2010 League year. In partnership with Lakeview Presbyterian Church, JLNO helped design and build a public playground in the Lakeview neighborhood, filling a void for families post Hurricane Katrina.

Shannon received a Bachelor of Arts from the University of North Carolina Chapel Hill and Master of Arts from the University of New Orleans. She currently works as a realtor for Keller Williams Realty New Orleans representing both buyers and sellers of residential real estate property in Metropolitan New Orleans. Previously, Shannon was the Executive Director for the Tennessee Williams/New Orleans Literary Festival, where she was responsible for all aspects of year-round Festival administration. Her love of the arts is rooted in music, which was her original college major. Music is still important to her, and she appreciates those who teach beginning strings and band to children.

Currently residing in Old Metairie with her husband Chris, and their three children Jack (13), Mason (9) and Emerson (5), Shannon enjoys reading, traveling, watching UNC basketball, music, theater and interior design. She is inspired by Sandra Day O'Connor, retired associate justice of the Supreme Court of the United States who served from 1981 to 2006 and member of the Junior League of Phoenix. Justice O'Connor is a trailblazer to be the first woman appointed to the Supreme Court, serve for decades and leave on her own when she felt the time was right in order to put family first.





Board Member Profile

Skye Sturlese Fantaci

Ways & Means Council Director

Fund development is a critical aspect of any nonprofit organization, and special events provide the means for volunteers to learn event planning and logistics and for the public to support a nonprofit's mission. As the Ways & Means Council Director for the Junior League of New Orleans Board of Directors, Skye Sturlese Fantaci coordinates, develops and maintains JLNO's fundraising activities including its Freret 5K, Touch a Truck, Get on Board and Annual Giving. She is responsible for increasing awareness of JLNO's Mission and financial needs, including that JLNO puts 100 percent of its fundraising proceeds back into the community. Through management, organization and team-building, she helps volunteers harness their fundraising development skills to generate funds that support JLNO's community projects. She reports to the Board on fundraising effectiveness and recommends policy and procedure changes that can further improve these events now and into the future.

Skye joined JLNO in 2008 and has since served as a leader on both fundraising and community projects. She has used this experience to help research new endeavors for the League, including its scholarship program to be introduced in 2018. She likes that she is able to give back to the community and use her love of volunteering to bring joy to others. When she was on the Education Support Services and Senior Outreach committees, she was able to see firsthand how JLNO assists others. She remembers the first year JLNO did a holiday toy drive for the Educare children. The children were so excited and appreciative, and the toys brought huge smiles to their faces. Some of them would not have had presents under the tree except for JLNO. This experience was an emotional and humbling one for Skye, and it made her proud to be a part of such a giving organization. She also appreciates the training opportunities JLNO provides as they have taught her how to be a more effective volunteer and how to work well with other volunteers to achieve a common goal.

As a Shareholder with Roedel Parsons, Skye has a general civil litigation practice with an emphasis in insurance defense, coverage disputes, first-party property damage claims and bad faith defense of claims. She previously worked as a Law Clerk in both the Western and Eastern Districts of Louisiana. Skye is active with a number of nonprofits and currently serves as Secretary of the Board of Directors for Second Harvest Food Bank and as a member of the Board of Directors of the New Orleans Salvation Army. Originally from New Iberia, La., Skye completed her undergraduate degree at the University of Mississippi and graduated from the LSU Law Center with her Juris Doctorate and Bachelor of Civil Law Studies.

Skye spends her free time reading, enjoying her family and volunteering. She loves old movies, especially musicals. She lives in Lakewood South with her husband Matthew, and their two children Charlotte (4) and Louis (2). The people she interacts with when she volunteers inspire her to keep giving. This includes the incredible staff at each nonprofit who work tirelessly to support the mission, the volunteers who give their time and talents because they love the organization, and the people that each organization serves.

“Do to others what you want them to do to you.”

- Matthew 7:12.



Kristin Van Hook Moore

Nominating Committee Chair



In her second time on the Junior League of New Orleans Board of Directors, Kristin Van Hook Moore is serving as the Nominating Committee Chair. In accordance with JLNO's Bylaws and Standing Rules, the Nominating Committee matches organizational needs and individual strengths to produce a leadership team which will most effectively forward the organization's mission, goals and strategic plan. Kristin's capacity for teambuilding, forward-thinking, analysis and social awareness enables her to guide the Nominating Committee in selecting an outstanding group of women who will work well together to lead JLNO in the 2018-2019 year. She hopes to continue the great work her predecessors have done in making the process as transparent as possible.

Kristin joined the Junior League of Pensacola in 2006 and then transferred to JLNO in 2011. She has primarily served on the Business Council, specifically as Vice-Chair and Chair of the Cookbook Committee and then as its Council Director for the 2015-2016 League Year. She loves that JLNO brings together women of diverse backgrounds, interests and skill sets to advance a common goal. Seeing firsthand the truth in the statement "Never doubt that a small group of thoughtful, committed citizens can change the world" has impressed her the most. She is grateful for the opportunity to learn about topics like fund development and social media that she wouldn't encounter in her professional life. Using her Junior League training, Kristin serves several other nonprofits in Metropolitan New Orleans, including her alma mater, Ursuline Academy, the Rho Chapter of Chi Omega at Tulane University, Impact 100 with the Greater New Orleans Foundation, the Preservation Resource Center and Trinity Episcopal School.

A graduate of Tulane University and LSU School of Medicine, Kristin completed her pediatrics training at Vanderbilt University Medical Center and her fellowship in Pediatric Pulmonology at Texas Children's Hospital. She currently serves as a Staff Pediatric Pulmonologist at Ochsner Medical Center in New Orleans, La. She received a Chest Foundation Young Investigator Award in 2005 for translational research. Prior to Ochsner, she worked at Nemours Children's Clinic in Pensacola, Fla. serving as the chair of the department of Pediatric Pulmonology and as the cystic fibrosis center director from 2006-2011. She also served as the Children's Medical Assessment Team Medical Director for Region One in the state of Florida.

Kristin lives Uptown with her husband Brian and their six-year-old twins Finnegan and Liam. She enjoys running, cooking and gardening. The mother of one of her cystic fibrosis patients from when she worked in Florida was particularly inspiring to her. She was a single mother of five, lived in a rural area and had health problems of her own. She provided the best possible care for her kids and went to great lengths to do what she felt was best for them. She lost her home right before Christmas to a fire one year and still managed to remain positive. Whenever Kristin starts to feel overwhelmed, she thinks of her and realizes she can certainly keep going.



"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

– Maya Angelou



Board Member Profile

Heather Millican Doyle

Business Council Director

In her role as Business Council Director for the Junior League of New Orleans, Heather Millican Doyle oversees the organization's Bloomin' Deals Thrift Shop along with the management and maintenance of JLNO's physical assets. She has a thorough understanding of capital, employee relations and risk management to aid in guiding the organization's properties, staff and insurance. As a Board member, she provides day-to-day guidance and recommends future improvements to ensure JLNO continues to generate revenue for the community, as well as maintain its operations in a cost-effective and efficient manner.

Heather has focused her Junior League service on Bloomin' Deals first as a committee member and then as a leader. She has already assisted in implementing store improvements that range from merchandise displays to appropriately pricing and marketing the higher-end merchandise

in Luxury for Less pop-up boutiques. She loves that so many talented, dedicated and driven women are part of the League and come together to do amazing things. She was particularly moved by the volunteer efforts during the aftermath of the Southeast Louisiana flooding in August 2016. So many members leaped into action to help our neighbors. When she came to lend a hand at headquarters, she couldn't believe how many people were there and how many donations were rolling in. Her favorite moment of that day was watching the assembly line of volunteers loading boxes of diapers onto the truck. In that moment, she truly realized that even the smallest gestures and contributions are helpful in furthering our mission.

Originally from Bellaire, Texas, Heather received a Bachelor of Arts in Russian and Eastern European Studies from Arizona State University. She has a background in the estate sale business, is an avid seamstress and loves making elaborate cakes. For several years, she studied Krav Maga, an Israeli self-defense program.

Heather lives in Central Carrollton with her husband Warren, and their three boys, Warren (4), Parke and Ethan, nearly two-year-old twins. Her Mamaw was great source of inspiration for her. She has always tried to model herself after her. She was very loving, generous and kind. Having spent a lot of time with her as a child, Heather's Mamaw taught her how to be independent, opinionated and creative. She passed away several years ago, and Heather tries to honor her memory every day.

“Do not wait until
some deed of
greatness you may
do, / Do not wait to
shed your light afar;
/ To the many duties
ever near you now
be true, / Brighten
the corner where
you are.”

- Ina Ogden



Sally Suthon

Sustaining Advisor to the Board



The Junior League of New Orleans Sustaining Advisor to the Board of Directors is Sally Suthon. This position encompasses a historical perspective and provides practical guidance from a Sustaining member who has previously held the position of President. Sally calls upon her volunteer and leadership experience to advise Board members and assist with making decisions on membership, fund development, community projects, administration and strategic planning. She also encourages other Sustaining members to continue their involvement with the positive community impact of the Active and Provisional membership.

As an Active member, Sally served as Community Council Director (then referred to as Community Vice President) and was JLNO's 1998-99 President. She chaired JLNO's Teen Court program, which is a nationwide program which

seeks to prevent juvenile first-time misdemeanor offenders from committing additional, more serious crimes. Sally has remained a vital mentor to JLNO's leadership as a Sustaining member. She previously served as Sustaining Advisor to the Board from 2001-2002 and multiple times as Sustaining Advisor to the Community Council. Her dedication demonstrates her belief that being a training volunteer is critical to helping the community. She has continued her interest in improving the lives of homeless and highly at-risk youth as a current Covenant House New Orleans board member, where she helps that organization provide comprehensive residential and supportive services to youth (ages 16-22).

Sally received a Bachelor's degree from the University of Virginia and currently resides Uptown. She is the owner of Suthon Solutions, an advertising specialty, promotional product and corporate gift business. In addition to being a Covenant House board member, she also serves on the Executive Committee of Women of the Storm, as President of Greater New Orleans Executives Association and as a new board member of Communities in Schools of Greater New Orleans.

In her free time, Sally enjoys traveling, gardening and reading. Her grandmother, Sarah Foster Hayne, inspires her. Sarah always did the right thing in her understated way. She was the most generous person Sally has ever known-but, she did it quietly.

“It’s much better to do good in a way that no one knows anything about it.”

-Leo Tolstoy, Anna Karenina



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JUNIOR LEAGUE

OF NEW ORLEANS

YEAR IN REVIEW 2016-2017



Junior League of
New Orleans
Women Building a Greater New Orleans



HISTORY OF JLNO

In 1923, 10 New Orleans women dedicated to **IMPROVING NEW ORLEANS** recruited like-minded volunteers and joined the Association of Junior Leagues International.

The Junior League of New Orleans officially launched on March 31, 1924 with 40 members.

Now, JLNO is home to about **2,200 PROVISIONAL, ACTIVE, AND SUSTAINING MEMBERS**, making it the 8th largest League in the world.

Historically, JLNO has identified needs in the community and designed projects with an eye towards **MAXIMUM POSITIVE IMPACT**.

◆ In 1973, JLNO used trained guides to lead monthly tours in historic neighborhoods, which prompted visitors to step in and preserve decaying properties. JLNO organized individuals involved in preservation and urban planning into a community group called the Preservation Alliance of New Orleans, which became what is known today as the **PRESERVATION RESOURCE CENTER**. The PRC now stands independent from JLNO, but JLNO is an ardent supporter, collaborating with the PRC through its revitalization project, **REBUILDING TOGETHER**.

◆ In March 1978, JLNO dedicated \$90,000 over a four-year period toward the development of a parent resource and training center. Fourteen months later, JLNO and Children's Hospital joined forces to create **THE PARENTING CENTER AT CHILDREN'S HOSPITAL**. After dedicating seven years, over \$160,000 in funding, and thousands of volunteer hours, JLNO proudly turned this project over as a lasting resource for the community.

◆ In May 1973, JLNO committed volunteers and funding to organize a community group to examine the feasibility of establishing an Environmental Study Center in or near New Orleans. This Environmental Study Center Steering Committee became the **LOUISIANA NATURE CENTER, INC.** in December of 1974. It opened to the public in 1980 as a facility for family recreation and environmental education.

To understand the value of an organization, one only has to imagine what a community would look like without it. The absence of experiential training for JLNO members would mean fewer nonprofit organizations improving the lives of others. New Orleans would have fewer founders conceiving of them, fewer board members leading them, fewer volunteers serving, and fewer donors valuing these causes through their financial support.



JLNO'S FOCUS AREA

Every woman in Metropolitan New Orleans should have the opportunity to live a **HEALTHY, HAPPY, and SUCCESSFUL** life. JLNO is committed to **ADVANCING THE WELLBEING OF WOMEN** through the use of trained volunteers providing direct service, educating the community, and advocating for issues that affect women. JLNO addresses its focus area within a portfolio of longstanding projects like **SAFE SITTER** and new initiatives, including its **DIAPER BANK** and its **WOMAN ENTREPRENEUR FELLOWSHIP**.

Our projects, programs, and partnerships relate to the areas of

women's health & wellness
education
entrepreneurship &
professional development

leadership development
caregiver support

We hope to help women increase their confidence, productivity, and income levels. Their mentoring of others and reinvesting in their children's education, family's health, and economic activity will contribute in a meaningful way to bettering Metropolitan New Orleans.



JLNO specifically works to tackle three strategic goals:



Increasing **ECONOMIC OPPORTUNITIES** for women and supporting their potential to seize those opportunities.

Providing needed **FAMILY SUPPORT** to alleviate the burdens on women caregivers.

Improving women's **HEALTH AND WELLNESS**, allowing them to live healthy and happy lives.

OUR IMPACT

JLNO PROJECTS & FUNDRAISERS



**BLOOMIN' DEALS
THRIFT SHOP**

**COMMUNITY ASSISTANCE
FUND GRANTS**

DIAPER BANK

EDUCATION SUPPORT SERVICES

FRERET 5K

GET ON BOARD

GIRLS NIGHT OUT

KIDS IN THE KITCHEN

GIVENOLA DAY

LEMONADE DAY UNIVERSITY

REBUILDING TOGETHER

SAFE SITTER

SPEAKER SERIES

TOUCH A TRUCK

**WOMAN ENTREPRENEUR
FELLOWSHIP**

PROJECT HIGHLIGHTS



70 unique volunteer opportunities



25

training opportunities for members & public

250,000

diapers distributed to NOLA residents



NONPROFIT BOARD TRAINING

50 individuals trained

20 organizations served



50

kids trained to run their lemonade stand



250

teens trained via the Safe Sitter program

LOUISIANA FLOOD RELIEF

When JLNO set out in August 2016 to assist those affected by the historic South Louisiana flooding, we could never have anticipated the awe-inspiring response to our call to action. The generosity of people throughout the U.S. and diligence of our membership combined to provide much needed comfort to those most in need.

1,400

children served through literacy, STEM & arts education programs

176,000 baby wipes

334,000 diapers

53,000 feminine products

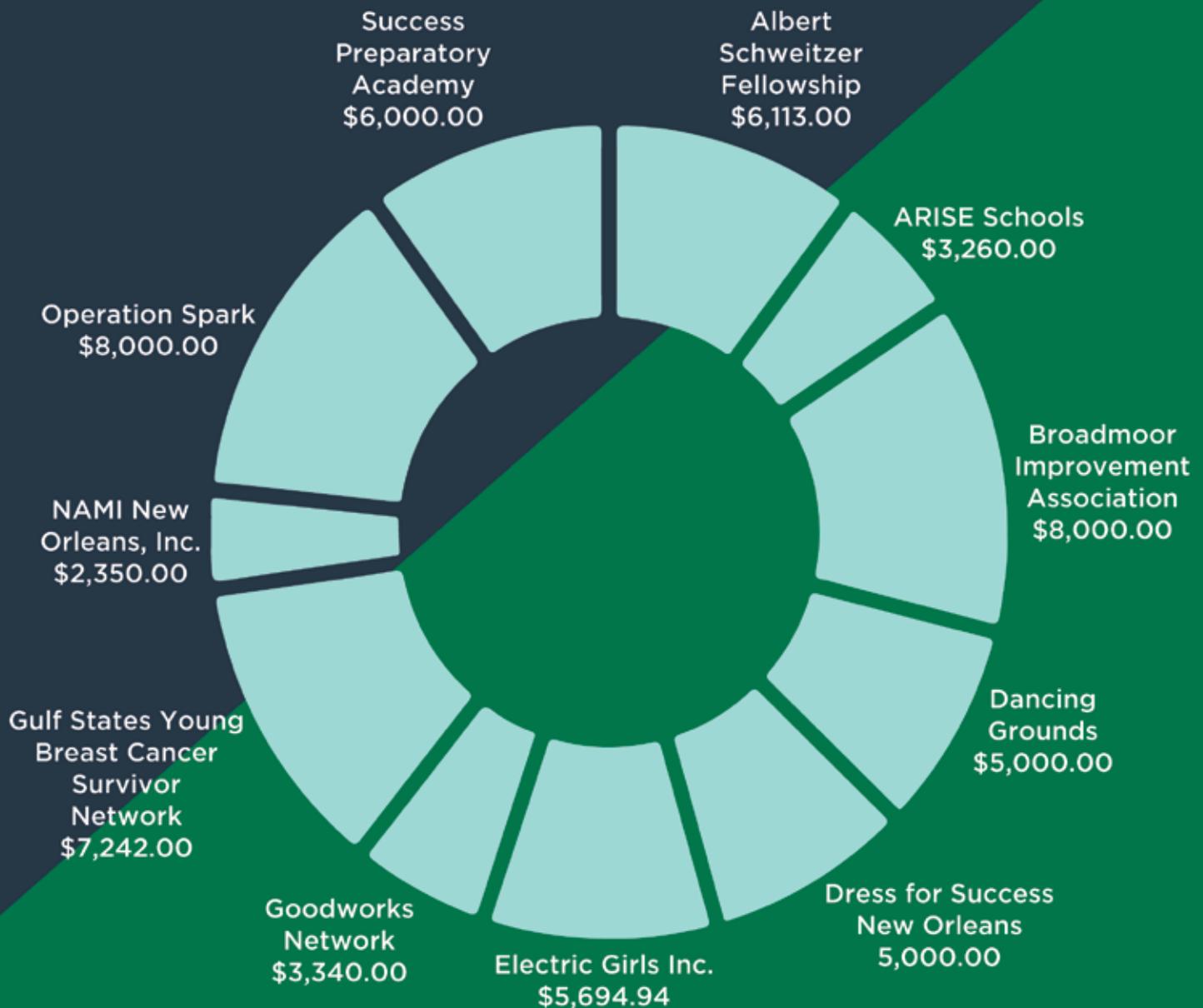
16,000 ounces of infant formula

\$16,000 gift cards

\$60,000

COMMUNITY ASSISTANCE FUND GRANTS

The Community Assistance Fund provides JLNO with a flexible means to grant money to nonprofit agencies that can effectively demonstrate that they have a dire need for funding and seek to advance the wellbeing of women.



MEMBERSHIP BREAKDOWN

110

PROVISIONAL
MEMBERS

659

ACTIVE
MEMBERS

1,376

SUSTAINING
MEMBERS

2,145
MEMBERS



JLNO's Active and Provisional Membership includes professional women with families and interests in other nonprofit and charitable work.

AVERAGE AGE IS BETWEEN 30 & 34  JUST OVER HALF ARE MARRIED 56%

1/3 HAVE AT LEAST ONE CHILD UNDER THE AGE OF 18   59% OF THOSE HAVE MORE THAN ONE CHILD

 NEARLY ALL MEMBERS HAVE RECEIVED A COLLEGE DEGREE 99%  OVER HALF HAVE RECEIVED A POSTGRADUATE DEGREE 53%

89% EMPLOYED OUTSIDE THE HOME  82% INVOLVED IN VOLUNTEER ORGANIZATIONS OUTSIDE OF JLNO

  95% MADE MONETARY DONATIONS WITHIN THE LAST 12 MONTHS TO CHARITABLE ORGANIZATIONS OUTSIDE OF JLNO



40,100 VOLUNTEER HOURS

10,500 TRAINING HOURS

2015-2016 FINANCIALS

INCOME FUNDRAISERS & BUSINESSES

◆ BLOOMIN' DEALS THRIFT SHOP	\$441,726
◆ DONATED GOODS-THRIFT SHOP	\$435,932
◆ TOUCH A TRUCK	\$30,913
◆ FRERET 5K	\$23,595
◆ GET ON BOARD	\$11,200
◆ RAFFLE	\$7,930
◆ FLEUR DE LEAGUE	\$5,799
◆ DOLLARS FOR DIAPERS	\$28,435
◆ MISCELLANEOUS	\$12,030

INCOME OTHER FUNDING

◆ MEMBERSHIP OBLIGATIONS	\$363,848
◆ UNREALIZED INCOME ON ENDOWMENT	\$92,399
◆ INVESTMENT INCOME	\$155,906
◆ AWARDS, GRANTS & CORPORATE SPONSORS	\$53,733
◆ ENDOWMENT CONTRIBUTIONS	\$13,138
◆ COST OF GOODS SOLD	\$457,964
◆ OTHER ADMINISTRATIVE REVENUE	\$175,484



TOTAL INCOME
BUSINESSES & FUNDRAISERS
\$997,560



TOTAL OTHER INCOME
\$1,312,472

COMBINED TOTAL INCOME

\$2,310,032

EXPENSES

COMMUNITY PROJECTS & MISSION	\$1,328,317
FUNDRAISING	\$106,286
MANAGEMENT & SUPPORT	\$224,368

TOTAL EXPENSES
\$1,658,971

NET INCOME (LOSS)
\$651,061

MISSION STATEMENT

The Junior League of New Orleans is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.



CORPORATE SPONSORS

The Junior League of New Orleans appreciates the financial and in-kind donations from the following organizations. Their support enables us to pursue our mission and improve Metropolitan New Orleans.

Platinum

Capital One Bank
The Colston Project
Ella West Freeman
Foundation

The Helis Foundation
St. Charles Avenue
Presbyterian Church

Gold

Ochsner Baptist

Regions Bank

Silver

Actelion Pharmaceuticals
Barriere Construction
Chaffe McCall
Eugenie & Joseph Jones Family
Foundation
Greater New Orleans Foundation

Gulf Coast Bank
Gustaf W. McIlhenny Family
Foundation
Junior League of High Point
The Ruby Slipper Cafe
Waters, Parkerson & Co, LLC

Bronze

Bayou Tree Services
Benevity Community Impact Fund
Bright Eyes Optique
Brown Sims
Bryan Chevrolet
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River Construction
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Sweet & Spark
The New Orleans Advocate

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B Boutique & Beauty Bar
Baker Donelson
Baldwin Haspel
Barre3
Basics Underneath
Bella Bella
Blue Frog Chocolates
Blue Runner Foods
Bourbon Orleans Hotel
Bourgeois Bennett
Bra Genie
Branson Management Group
Brinks
Bureau of Alcohol, Tobacco and Firearms
Cajun Spirits Distillery
Canal Street Bistro
Candy Apple
Carol Robinson Gallery
CEO & Founder Veterans Resource Program
Chick-fil-A
Contemporary Arts Center
Cook Me Somethin' Mister
CORE Benefit Solutions
Creole Cuisine Restaurant Concepts
Crepes A La Cart
Crescent City Strength
Cure
Daughters of Penelope, Itona Chapter #177
Decro Development
Department of Justice
Dherya Inc.
Discovery Toys
Diva Dawg Truck
Domino's Pizza
Dorignac's Food Center
Drone Party Planet
Duracell Power Forward
Embassy Suites New Orleans
Embodiment Salon
Ergo Baby Carrier
European Wax Center
Evans Orthodontics
EY
F & M Patio Bar and Grill
Faas Enterprises
Facepainting by Maybella
Fasteners, Inc.
FBI New Orleans
Feet First
Felipes Taqueria
Fidelity National Title Company
French Market Coffee
Freret Street Bike Shop
Freret Street Poboy & Donuts
Freret Street Yoga
Galatoire's Restaurant
Gibbs Construction
GladRags
Green Bird Yoga
Gulf Coast Aviation
Guy Lyman Fine Art
H2O Salon and Spa
Hemline
High Hat Cafe
Hill & Associates
Homestead Title
Houghton Mifflin Carcourt
Hour Blast Downtown
Hour Blast Lakeview
Hour Blast Metairie
Hour Blast Uptown
IBERIABANK
Imperial Woodpecker
Sno-Balls
Iron Horse
Jefferson Parish Sheriff's Office
Jennifer Ansardi Artist
Junior League of Greater Orlando
Junior League of Boca Raton
Junior League of Durham and Orange Counties
Junior League of Montgomery
Junior League of Morgan County
Junior League of Oklahoma City
Junior League of Tallahassee
JXW Ads

Kendra Scott
Kenner Police Department
Kilgore & Kilgore
Kushner LaGraize
LA DOTD
La Thai Uptown
LaBella's
Lafarge
Lancome
Law Office of W.A. "Chip"
Forstall, Jr.
Life Yoga
Limousine Livery
Liquid Surf and Sail
Loews Foundation
Louisiana Alarm Watch
Louisiana Cat
Louisiana Philharmonic Orchestra
Louisiana SPCA
Louisiana State Police
LSU School of Dentistry
Magnolia Physical Therapy
Market Umbrella
Maurice's French Pastries
Melissa's Fine Pastries
Mignon for Children
Mirabella
Morgan Stanley
Murray Law Firm
Neighborhood Housing Services
New Orleans Children's Dental
Center
New Orleans Coffee & Beignet
Co.
New Orleans Fire Department
New Orleans Macaroni Kid
New Orleans Museum of Art

New Orleans Paddlewheels
New Orleans Pelicans
New Orleans Private Patrol Service
NOLA Aikido
NOLA Couture
NOLA Girl Catering & Personal Chef
NOLA Restaurant
NOLA Snow Snoballs
Ogden Museum of Southern Art
Old Metairie Dermatology
Orleans Levee District
Origami
Papa John's Pizza
Pearl Wine Co.
Periodic, Inc.
Piccadilly
Pippen Lane
PJ's Coffee Magazine Street
Plum Street Snoballs
Plush Appeal
Polsinelli PC
Presidio
R&R Sports Collectibles
Raising Cane's
Ralph Brennan Restaurant Group
Reginelli's
Republic National Distributing
Company
Richard's Disposal, Inc
River Bar, LLC
River Parish Disposal
Robert's Fresh Market
Rock 'n Bowl
Romney Pilates Center
Saddles Blazin' LLC dba Blaze
Pizza
Sensible Portions
Shields Mott LLP
Sofas & Chairs

Spa Savoir Faire
St. James Cheese Company
Superior Grill
Superior Seafood and Oyster
Bar
Sybil M. & D. Blair Favrot
Family Fund
Talbot's
The Cosmopolitan of Las
Vegas
The Fresh Market
The Hay Group
The Midway on Freret
The National WWII Museum
The Old No 77 Hotel
The Ritz-Carlton, New Orleans
The Russell C. & Susan D.
Block Trust
The Spa at Windsor Court
The Wine Seller
ThenComesFamily.com
Theo's Neighborhood Pizza
Toso Orthodontics
Total Body Energy
Tulane University Athletics
Tulane University Police Dept.
Two Men & A Truck
Uptown Messenger
Uptown Pediatric
Urban South Brewery
Varsity Sports New Orleans
Vinson Guard Service, Inc.
Walgreen's #2640
Women Giving Back
Zara's Lil Giant Supermarket
Zuka Baby

Putting the Pieces Back Together

When Memory Disorders Become a Personal Matter

By Tara Quin-Hagmann

Before we are even aware of our own existence, time is the gatekeeper, then the older sibling, then the parent, and finally in our later years, our angel that perhaps may also be attributed to our fallen loved ones and friends before us. From the moment we are conceived to the day we are born, time is an abstract concept, yet also a succinctly defined truism we are made to subscribe to – and subscribe we must and shall. As we pass through infancy and childhood, wellness visits are means by which pediatricians make assessments of our development and overall health based upon various impersonal objective characteristics we exhibit, which are then plotted against our very personal chronological ages. Adulthood is no better for the fugitive of the almighty time continuum, but we can cling to hope that we get to age gracefully and seamlessly. But, what happens when our grandparents or parents are handed the wild card? We seek to understand, band together and persevere – and persevere we shall.

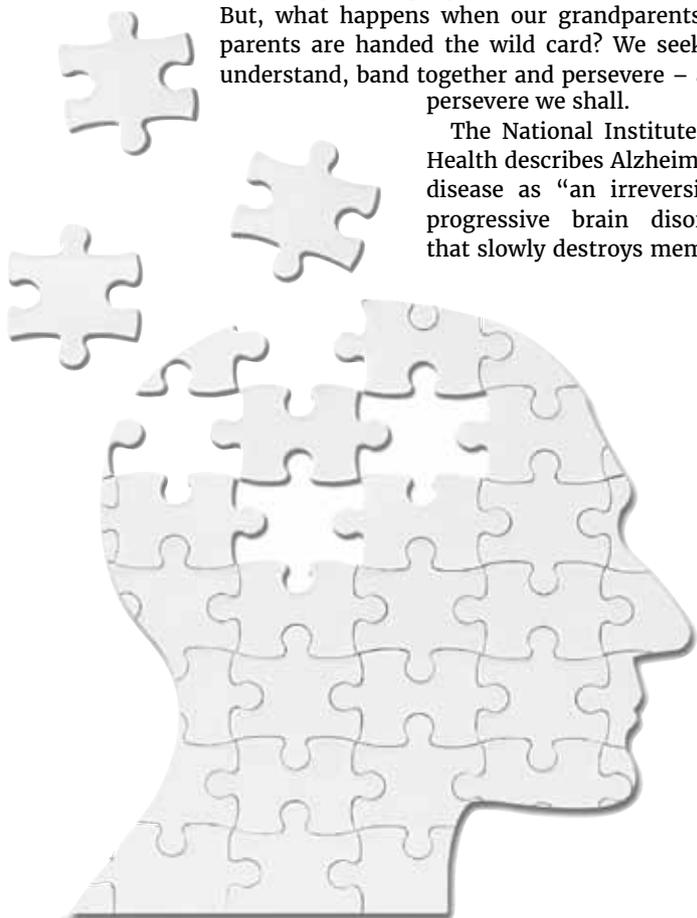
The National Institutes of Health describes Alzheimer's disease as "an irreversible, progressive brain disorder that slowly destroys memory

and thinking skills." Alzheimer's is one of a group of brain disorders called dementias. The Center for Disease Control defines dementia as, "a syndrome characterized by cognitive or memory impairments not involving any alteration in consciousness or alertness. The cognitive impairment characterizing dementia may include memory loss, difficulty in understanding or using words, inability to carry out motor activities despite adequate motor function, and failure to identify or recognize objects." Over time, a person's ability to carry out even the simplest day-to-day tasks becomes increasingly difficult, so much so that around-the-clock supervision is necessary just to avoid risk of personal injury to self or others. First appearing as mild symptoms in a person's mid-60s, the NIH estimates that greater than five million Americans suffer from this disease.

"In early dementia, the patient does not recognize it," said Dr. Terrence D'Souza, M.D., a Neurologist with Ochsner Baptist Medical Center. "It's the family that notices there's something wrong – their behavior has changed or their mood has become irritable. They might also be at work and they won't realize it, but they will begin to ask for help from their friend or the person working the computer next to them. That is when co-workers start realizing, hey this is an ongoing problem and something has to be done about it. This is when it's usually brought to the family's attention, and they come see me."

What happens when a patient presents to Dr. D'Souza with symptoms suggestive of dementia? "What we do is basically a neurological assessment to make sure nothing else is going on, such as a mini-stroke the patient may have had without realizing it," said Dr. D'Souza. "In those with Alzheimer's, the neurological exam is perfectly normal, but what's known as a very brief memory test – where we ask the patient to remember three words after two to three minutes – is a highly sensitive test in these patients, as is the 'clock drawing.' They use all of the processing abilities. We also will definitely order a CAT scan or MRI just to be sure nothing is going on, and blood tests which rule out undiagnosed metabolic problems such as diabetes or kidney disease."

As the disease progresses and declines in other domains (language and executive function skills such as problem-solving and judgment) grow increasingly more apparent, activities of daily living suddenly become daunting to sequence appropriately. Entire steps may be missed during teeth brushing, and things like cooking, and other activi-



ties requiring safety awareness, tend to become a matter of personal safety unless caught in time. “It’s really a battle,” said Dr. D’Souza. “Early on, they may be functional at home and fully able to do things – but eventually they may have to give up driving because judgment may become a problem.” Although once functionally independent, this is the point when allowing independence to continue at home poses a great risk to personal safety, and this is when supervision by family or other caregivers is in order.

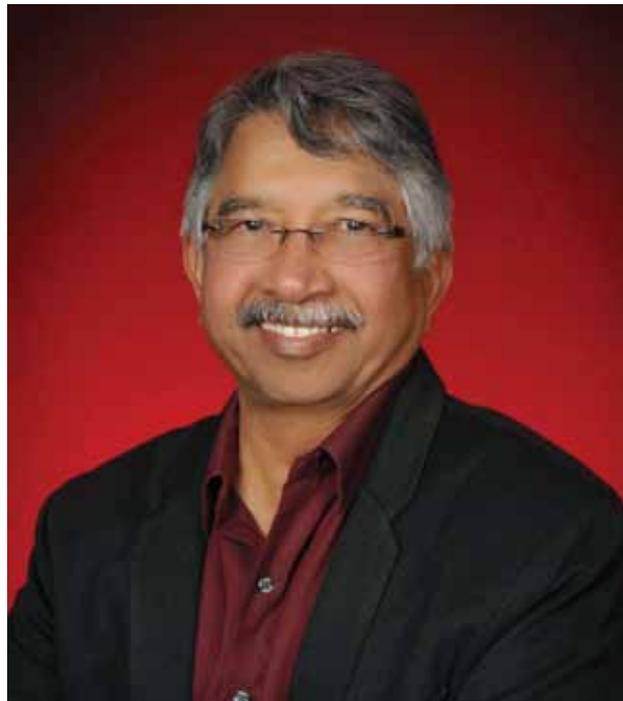
Taking care of a loved one with Alzheimer’s, which often requires ‘round the clock assistance, is a monumental undertaking for any family to suddenly adjust to. This is where the Alzheimer’s Association can step in: the organization is never more than a phone call away, day or night. The Alzheimer’s Association works both nationally and locally to help provide care and support for those affected by Alzheimer’s and other dementias. Currently, it boasts more than 80 chapters nationwide as well as countless volunteers, but not before humble beginnings initiated by a few advocates.

“We started in 1980 as a support group in someone’s kitchen, and the idea was based around all these caregivers who just really needed that support system around them,” said Maggie Connick, Special Events Coordinator of the Louisiana Chapter of the Alzheimer’s Association. “Our vision is a world without Alzheimer’s, and our mission is to not only spread awareness and fund research but have educational programs and support groups throughout the country. Today, we have support groups throughout the state of Louisiana.”

Exactly how does such an organization help to reduce and eliminate the risk of Alzheimer’s? They shift focus to the advancement of research, accomplished not only by fundraising, but through advocacy work at the national and state levels. “It’s really about that research dollar, and so we do a lot of advocacy work. We just got back from our DC forum,” he said. “We talk about disease statistics, what they mean to healthcare, and how the state can help us in our fight alongside those with Alzheimer’s and their caregivers,” explained Ann May, Executive Director of the Louisiana Chapter of the Alzheimer’s Association. “Alzheimer’s is the most expensive disease in America – it’s costing us \$259 billion– and yet research funding for this particular disease lags behind others.”

Whether it’s their volunteer driven support groups, their countless fundraising walks held across the nation or their professionally staffed 24/7 help line (1-800-272-3900) that offers confidential care consultation, information about the disease, and referrals to other services and more, one thing is for certain – the Alzheimer’s Association is tirelessly working toward their vision of a world without Alzheimer’s.

The Poydras Home of New Orleans, a nonprofit retirement community founded in 1817, has been providing highly specialized care focused on those suffering from Alzheimer’s disease who are unable to be cared for or su-



Dr. Terence C. D’Souza specializes in memory disorders at Ochsner Health System. *Photo provided by: Dr. Terence C. D’Souza.*

pervised at home since its opening of the Garden House for Independent Living. Today, through a partnership with the New Orleans Museum of Art, the once-a-month program known as “Artful Minds at NOMA – Guided Museum Tours for Individuals with Dementia” takes 10 Poydras Home residents, staff and caregivers through art-centered activities aimed at enhancing communication and reducing isolation through positive cognitive experiences. Programs such as these are part of a growing international movement of arts in healthcare. This particular program, which saw great success in New York, is currently in its third year here in New Orleans – and its movement doesn’t seem to be letting up anytime soon.

Families and caregivers can help compensate for deficits as well. “Keep a routine,” said Dr. D’Souza. “If the patient can follow the same routine every day, then it’s an adaptation – otherwise what happens is you go on vacation and they get more confused because they are in a new place. Also managing their medicines is very important – try to give them medication once a day– and avoid mid-day medications because the family won’t be there to give it and the patient may either forget to take it, or overdose.”

Although the progression of Alzheimer’s cannot be stopped, ongoing research with certain medications suggests its progression can be slowed down, and that memory function may actually show improvement. Dr. D’Souza recommends that people begin leading healthy lifestyles early for the best chance of prevention.

League Faces



Sustainers Leah Engelhardt, Margo Phelps and Ruthie Frierson enjoying time together at the Sustainer of the Year event. *Photo by: Norris Gagnet*



Sustainers Kathryn Rapier, Anne Milling and Florance Conway enjoying the Sustainer of the Year event. *Photo by: Norris Gagnet*



• Melissa Beaugh, Chair
• of the Thursday Night
• Speaker Series, introducing
• the panel of speakers for
• Investing in the Community
• from the Ground Up.
• *Photo by: Rana Francois*



The *Lagniappe* Committee, **Top row:** Adele Abboud, Michelle Craig, Meghan Keating-Finnergan, Rana Francois, Lea Witkowski-Purl, Autumn Town, Tara Quin-Hagmann **Bottom Row:** Jessica Whitworth, Elizabeth Walcavich, Lacy McManus, Kristin Durand, Stephanie Campani and Rhonda Stephens **Not pictured:** Emelia Anderson, Amber Barlow, Jill Holland, Melissa McGrane, Emma C. Pegues and Michelle Sens. *Photo by: Jessica Bachmann*



LEFT: WE Fellowship Co-Chairs Jennifer Bernard-Allen and Amanda Goldman and JLNO President Maria Huete. *Photo by: Kay Charbonnet*
ABOVE: Mia Freiberger Devillier (La Petite Grocery), Melissa Beese (Little Pnuts), Winner of Pitch Becky Wasden (Two Girls One Shuck), JLNO President Maria Huete, and Kay Charbonnet (Kay's). *Photo by: Amanda Goldman*



ABOVE: Sustainers Sybil Favrot, Janet Bean and Duane Page enjoying the beautiful weather and great company at the Sustainer Mint Julep Party. *Photo by: Norris Gagnet*



RIGHT: Incoming President-Elect Alice Franz Glenn, outgoing JLNO President Maria Huete and 2009-2010 President Erin Luetkemeier were all smiles at the Sustainer Mint Julep Party. *Photo by: Norris Gagnet*



Touch a Truck Chairs and Vice-Chairs goof off before a successful event. (L-R, Becky Martinez, Susan Russell, Kathleen Gross, Emily Lewis, Brittany McGovern and Laura Carroll). *Photo by: Michelle Sens*



Devin Green stops to see Officer Flynn's motorcycle during Touch a Truck. *Photo by: Michelle Sens*



Jude and Stephen Pepitone were excited to climb up on this truck during Touch a Truck. *Photo by: Michelle Sens*



Past-President Brandy Whisnant, President Maria Huete, and Past-President Ellen Coleman enjoying great company before the Passing of the Gavel on May 16 at the Audubon Tea Room. *Photo by: Melissa McGrane*



Past-President Ellen Coleman, Active members Amy Robertson and Melissa Eversmeyer at the Passing of the Gavel, May 16. *Photo by: Melissa McGrane*



Skyle Sturlese Fantaci talks to placement fest attendees about the Ways & Means Council projects. *Photo by: Jessica Whitworth*



Placement Vice Chair Jamie Toso Miner with 2016-17 President-Elect Kristen Koppel, Placement Chair Enid Fahrenheit, Placement Vice Chair Elizabeth Feigley and Placement Chair Olivia Guider at Placement Fest. *Photo by: Jessica Whitworth*



ABOVE: Active members Margaret Tufton, Nicole Cook, Provisional member Paula Jo Lentz with active member Stephanie Rogers at the St. James Wine and Cheese Tasting Esprit event on April 5, 2017. *Photo by: Melissa McGrane*



TOP RIGHT: Active members Kimberly Allen and Sarah Nieuwenhuizen enjoying a leisurely evening at the St. James Wine and Cheese Tasting Esprit event in April. *Photo by: Melissa McGrane*

RIGHT: Active members Amy Flower, Mary Katherine Kaufman and Durban Zaunbrecher at the St. James Wine and Cheese Tasting Esprit event in April. *Photo by: Melissa McGrane*



Héritage

A New Year of a Continued Legacy

By Elizabeth Walcovich

Summer marks the beginning of a new Junior League year, and with that, a new Board of Directors begins its administration. As the new Board steps into the shoes of the previous Board, we all should take the time to remember that this passing of the gavel has been taking place in the Junior League of New Orleans for almost a century.

Every year as our League continues to grow and prosper, it is thanks to the women who were serving their communities in harder times, in poorer times, in less-feminist times, in less technologically-convenient times. It's not just last year's Board who this new Board will be following, but also the Boards from years past.

However, one thing remains the same: every summer Junior League gathers and renews their promise and excitement to continue to serve the community around them. As we appreciate the League we have today, we should remember the women who came before us and get excited to continue the legacy of the Junior League of New Orleans for another year.

*Photos provided by:
Louisiana State Museum
Historical Center;
Gift of the Junior League of
New Orleans; Junior League
of New Orleans Collection;
Record Group 531,
2014.011.01 – 2014.016.039*



ABOVE: The 1971-72 officers (from left) Mrs. Edward B. Benjamin, Jr., recording secretary; Mrs. Charles E. Richards, Jr., corresponding secretary; Mrs. Michael J. Rapier, president; Mrs. William B. Conway, vice-president; and Mrs. J. Thomas Lewis, treasurer.



LEFT: The 1968-69 JLNO officers. From left seated, Mrs. Ashton J. Fischer, president, and Mrs. Answer McColam Jr., vice-president, and standing, Mrs. William L. Van Hoene, recording secretary; Mrs. William S. Rembert Jr., treasurer; Mrs. Peter G. Burke, assistant treasurer and Mrs. Warren K. Watters, corresponding secretary.

St. Charles Avenue Magazine's



hats, heels & highballs

presented by



Sunday, July 16 @ 2-5pm

The Theatre at Harrah's New Orleans Casino - 8 Canal St.

Hat Fashion Shows · Designer "Shoecase" by Shoe Be Do
Pop Up Shopping · Culinary Delights · Cash Bar

Hats By: Jezebel's Fascination, Halo Mimi, La Hatterie Millinery & Accessories,
Sassy Royals, Wilfred Designs

Featured Boutiques: Batik on Silk, Betsy Meyers Custom Jewelry, Dawn's Artisan Soaps,
Kathleen Olson Grumich, Lagniappe Lip Bar, Mynnye's Chocolates, Shoe Be Do, The comMANDement

Food By: 1718 Catering, Cheesecake Bistro by Copeland's, Muriel's Jackson Square, Zoes Kitchen

\$20 in advance **\$30** at the door

HatsHeelsandHighballs.com for tickets

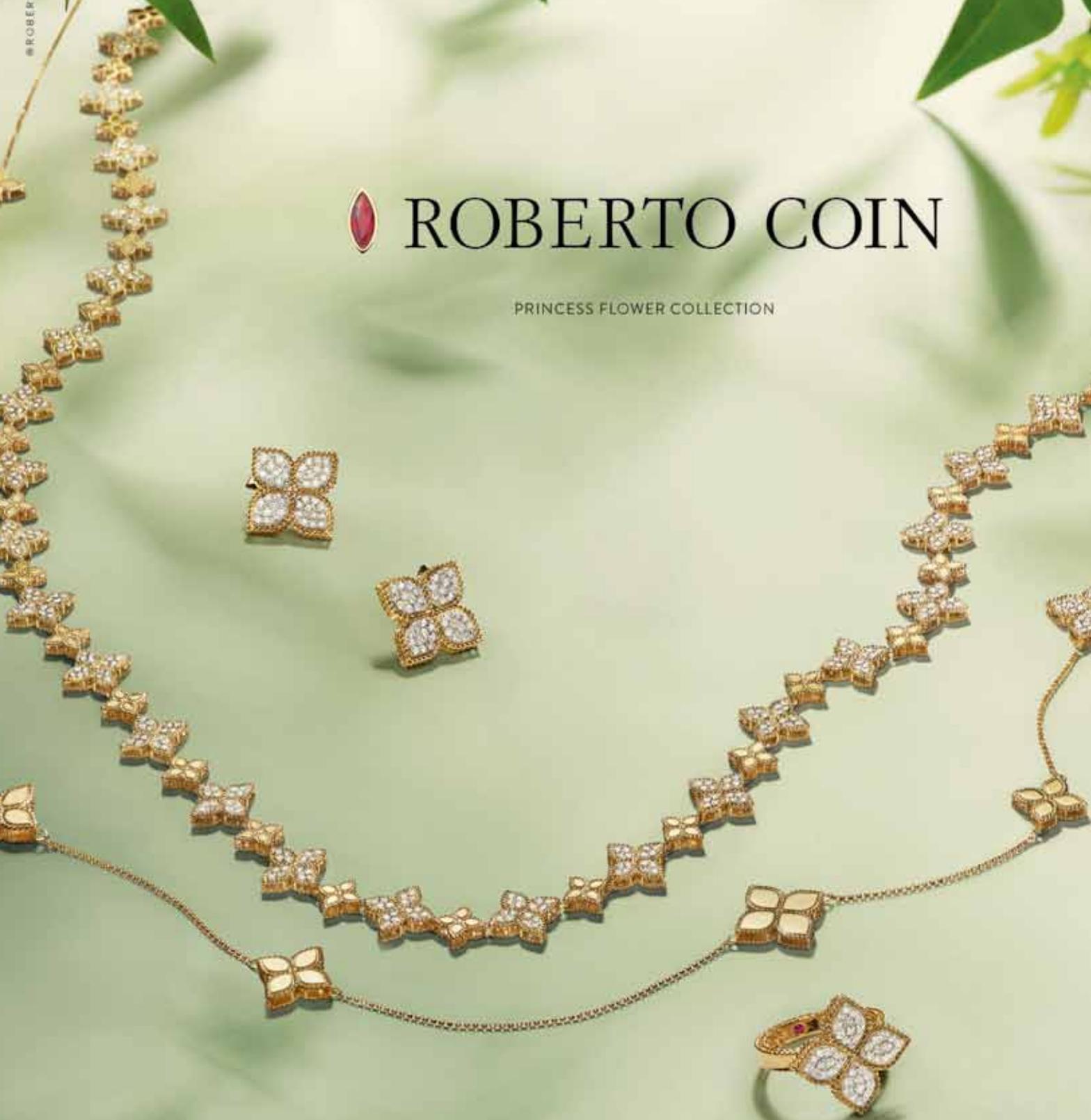
Benefitting





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