



MEDIA ALERT

Contact: Carrie Moulder, news@jlno.org

JLNO HOSTS ARISE ACADEMY STUDENTS FOR NUTRITIONAL FIELD TRIP

WHAT: Junior League of New Orleans will host 50 second graders from ARISE Academy for a nutritional education field trip at JLNO Headquarters. The students will participate in learning centers that teach them about the food groups and how to prepare a healthy, balanced lunch. The activity will end with the students eating their prepared meal together and receiving nutritional/educational items to share with their families at home.

WHERE: JLNO Headquarters
4319 Carondelet Street

WHEN: Wednesday, May 6, 2015
10:00 to 11:30 am

WHY: JLNO's Kids in the Kitchen community project helps address the urgent issues surrounding childhood obesity and poor nutrition. Empowered with the knowledge of how to feed and exercise their bodies, children and their families will be less likely to become obese and subsequently suffer associated health risks. JLNO's Kids in the Kitchen hosts educational events in hands-on environments that focus on preparing healthy foods.

This event celebrates the newly dedicated kitchen in JLNO Headquarters generously donated by *House Beautiful* and the sponsors of the Kitchen of the Year.

The Junior League of New Orleans is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.