



Welcome **JLNO Run, Walk, Give** Participant!

Thank you for choosing The Junior League of New Orleans as your **Run for It** Charity for this year's Crescent City Classic. We are excited for you to be a part of our diverse JLNO Team. Whether your focus is on running, walking or fundraising, our goal is for our team to collectively raise \$25,000 through this event and create a major fundraising opportunity to support JLNO Community Projects.

By pledging to participate in the JLNO team, you will support JLNO's Community Projects such as Diaper Bank, Scholarships, Community Assistance Fund, Women's Entrepreneur Fellowship plus many more. Additionally, your support will also promote JLNO's mission of advancing the wellbeing of women.

One of our goals is to provide our JLNO Team with fundraising and training support while building comradery in our group. We will be offering group training sessions every Saturday beginning February 1, 2020 at 8 a.m. at Audubon Park's Shelter #10 (entrance off of Magazine Street by Audubon Golf Club and the Newman Bandstand). These sessions for all activity levels are meant to be fun and a motivating team builder. There will be groups for all member types (i.e. sustainers, actives and provisionals) and all skill levels (even those serious runners trying to reach a personal record). We encourage you to come reacquaint with old friends and make new ones through this shared experience.

We will also be offering other wellness opportunities during the training period like yoga, nutrition nights, and recovery tips...so stay tuned for email updates!

We encourage you to visit the [JLNO website](#) and select the Community Project that most resonates with you and fundraise for that cause while focusing on your wellbeing. Thanks again for making a commitment to JLNO's Run, Walk, Give. I look forward to walking (or running) with you at Audubon Park during one of our training sessions!

Kind regards,

Christine M Vinson